

MAHARASHTRA AMATEUR GYMNASTICS ASSOCIATION

NEWS BULLETIN APRIL, MAY AND JUNE 2023

WISHING YOU A VERY HAPPY GUDI PADWA & NAVARATRI 2023

RG: 2nd RHYTHMIC GYMNASTICS WORLD CUP AT SOFIA (BULGARIA) 2023

Richa Chordia the National Champion along with her coach Ms. Kalyani Tambe from India participated in 2nd FIG World Cup 2023 circuit in Rhythmic Gymnastics (Individual) which is a series of competitions officially organized by The International Gymnastics Federation (FIG) at Sofia, the capital of Bulgaria from 31st March to 2nd April 2023. 49 gymnasts from 33 countries i. e. Bulgaria, Spain, Kazakhstan, Italy, Israel, Slovakia, Uzbekistan, Azerbaijan, Romania, Greece, Poland, Brazil, Mexico, France, Finland, Germany, Lietuvos, Egypt, USA, Japan, Australia, Cyprus, Latvian, South Africa, Czechoslovakia, Serbia, Canada, Belgium, Angolana, Croatia, Austria, Andorrana and India participated. Bulgaria's Stilian Nikolova who became the Individual Champion with 131.300 points against the 2022 World Champion Sofia Raffaeli of Italy who scored 128.750 points. Richa Chordia's Artistic Execution was appreciated in the World Cup at Sofia who scored 87.300 points and placed at 49th place. Ms. Sapana Gupta FIG International Judge from India officiated as judge in Hoop and Ball in RG World Cup at Sofia.



SN	Name	Country	Hoop	Ball	Clubs	Ribbon	AA	Rank
1	Richa Chordia	India	20.800	21.700	23.250	21.550	87.300	49/49

ACRO: 12th NATIONAL CHAMPIONSHIP IN ACROBATICS AT MNSS RAI (HARYANA)

Maharashtra Amateur Gymnastics Association fielded a strong contingent of 51 Acrobats, Coaches and Judges to participate in the Junior and Senior

Acrobatic Gymnastics National Championship 2022-23 which was held at MNSS Rai District: Sonapat (Haryana) from 26-28th March 2023. About 300 gymnasts and officials from 12 states participated in this championship. Dr. Payal

Kanodia Chief Trusty MXM was the Chief Guest in the championship who inaugurated and declared the championship open. She also wished all the gymnasts to perform to their best and grab the medals. Shri Sural Pal Ammu President Haryana Gymnastics Association presided over the opening



function while Shri Par asram Working President HGA, Shri Kaushik Bid iwala Treasurer GFI, Col. Ashok Mor Principal MNSS Rai, Dr. Takdir Singh Kundu, Ms. Sunita Khatri Deputy D irector Sports, Ms. Ms. Sandhu Bala DSO Gurugram and Mr. Sandeep Kumar Secretary HGA were present on the occasion. Shri Rajiv Jain Former Media Advisor of Chief Mini ster and Col. Ashok More Principal MNSS Rai awar ded the medals to the wi nners on the second day and motivated the gymnasts to play with true sportsmanship. Shri M ohan Lal Badoli MLA was the Chief Guest on the clo sing ceremony while Shri S. S. Deshwal Chancellor Sports University Rai was the Guest of Honor who appreciated the Acrobatic performances of the gymnasts. Shri



Suraj Pal Ammu president HGA and Col. Ashok Mor Principal MNSS Rai welcomed all the guests and other dignitaries. Shri Sumith MR was the Competition Director for the

National Championship. Maharashtra Acrobatic Gymnastics Team performed with high difficulty elements and captured the Team Championship in both junior and senior categories with 50 medals followed by West Bengal with 48 medals and Haryana captured the third place with 42 medals.



12th National Acrobatic Gymnastics Championships Final Results (Junior Combined)

Event	Gold	Silver	Bronze
Team	Maharashtra-65	West Bengal-62	Haryana-55
WP	Vishakha/Runal-MH-20.850	Anushka/Rimpa-WB-20.060	Laxmi/Pournami-Kerala-18.640
MP	Rahul/Ranik-WB-21.890	Kiran/Puneeth-Kar-21.130	Harsh/Athray-MH-20.960
Mix Pr	Ankrish/Raina-WB-1-23.430	Ishira/Laksha-MH-2-20.410	Mukul/Yuvakshi-Har-2-20.03
Trio	Arna / Achal / Nikshita-MH-1-23.680	Anamika/Sneha/Priyanka-WB-1-22.630	Muskan/Tamanna/Vidhi-Har-1-19.100
Group	Ashwin/Namoh/Samarth/Yadanyesh-MH-1-21.620	Pardip/Md. Mainak / Shuyam / Souvik-WB-1-21.570	Siddharth/Sandeep/Sunny/Anmol-Har-1-20.720

12th National Acrobatic Gymnastics Championships Final Results (Senior Combined)

Event	Gold	Silver	Bronze
Team	Maharashtra-78	Haryana-68	West Bengal-68
WP	Priti/Rutuja-MH-1-23.780	Nisha/Debasmita-WB-20.370	Anjali/Saloni-Har-2-19.100
MP	Sumit/Md. Arshad-Utta-22.850	Mohit/Davinder-CHD-22.520	Amit/Paramjeet-Har-21.900

Mix Pr	Sudip/Sangeeta-WB-1-22.150	Krishna/Himanshu-MH-2-22.120	Tushal/Gourya-Har-1-21.450
Trio	Akshata / Sonali / Ritika-MH-1-24.600	Shiksha / Heenu / Ocean-Har-1-14.950	Sulthana/Shwetha/Pallavi/Karnataka-12.670
Group	Amit/Neeraj/Parveen/Rishikash-SSCB-24.520	Naman / Kunal / Prashant / Ritesh-MH-1-24.030	Shiril / Sathwik / Md. Safan /Md. Nibrasul-Kerala-21.000

AERO: 17th NATIONAL CHAMPIONSHIP IN AEROBIC GYMNASTICS AT BENGALURU

Maharashtra Aerobic
Gymnastics Team

dominated in the National Championship and won 17 medals with 5 gold, 11 silver and 1 bronze, Gujrat won 13 medals with 4 gold, 1 silver and 8 bronze while Manipur

won 7 medals with 5 gold, 1 silver and 1 bronze. Maharashtra also won the overall Team Championship in Aerobic Gymnastics with 60 points, followed by Gujrat with 39 points at 2nd place while Manipur with 30 points remain at 3rd place.



RG: SELECTION TRIALS IN RHYTHMIC GYMNASTICS AT PRAYAGRAJ (UP) 2023

Gymnastics Federation of India organized the selection trials at Khelgaon Public School, Khelgaon Prayagraj in Uttar Pradesh on 7th & 8th April 2023 in Junior & Senior Age Groups in Rhythmic Gymnastics to select the Indian RG Teams to participate in the following International Championships as details given below:

SN	Name of the Championship	Event	Dates
1	19 th Junior RG Asian Championship Manila, Philippines	Individual & Group	31 May-3 June 2023
2	14 th Senior RG Asian Championship Manila, Philippines	Individual & Group	31 May-3 June 2023
3	2 nd FIG RG Junior World Championship Cluj-Napoca (ROU)	Individual Only	7 July-9 July 2023

13 gymnasts in Junior Age Group from Maharashtra (4), Jammu & Kashmir (4), Haryana (1), Delhi (1), Punjab (1), Uttar Pradesh (1) and Karnataka (1) and 15 gymnasts in Senior Age Group from Maharashtra (4), Haryana (4), Jammu & Kashmir (2), Punjab (1), Madhya Pradesh (1) West Bengal (1), Kerala (1) and Karnataka (1) participated in the above mentioned Rhythmic



Gymnastics selection trials at Khelgaon Public School Prayagraj. These gymnasts are selected from the National Rhythmic Gymnastics Championships during 2022-23 and participation quota in Khelo India Youth Games 2022. Few Group Teams from different States also participated in junior and senior age categories in the above Rhythmic Gymnastics selection trials. Digital scoring is done by Mr. Anil

Mishra and his expert team. The following gymnasts are selected from above selection trials for individual events i. e. Muskan Rana (J & K), Yashashree More (MH), Shubhashree More (MH), Many (J & K) for Junior World RG Championship, Parina Madanpotra (HAR), Raechal Deep (DEL), Mihira (HAR), Vaibhavi Sharma (J & K) for Junior Asian RG Championship and Richa Chordia (MH), Life Adlakha (HAR), Nishka Kale (MH), Kimaya Karle (MH) for Senior Asian RG Championship. The following gymnasts and coaches namely Asmi & Divyakshi (MH), Priti & Manasvini (PUN), Dhruvi (HAR), Keerthana (KAR) in Senior Group while Vrushali & Advika Lele (MH), Damanjit & Geetanshi (PUN), Riya Bafna & Varunni (KAR) in Junior Group along with Ms. Neetu Bala, Ms. Sadichchha Kulkarni and Ms. Madhura Tambe as Coaches for the preparatory National Coaching Camp for upcoming Jr. & Sr. RG Asian Championship at Gopalan Sports Centre Bengaluru from 23rd April 2023 till the departure of the teams which was organized by Gymnast Association of Karnataka.

Individual All-around Championship (Senior)

SN	Name	State	Hoop	Ball	Clubs	Ribbon	AA	Rank
1	Richa Chordia	MH	27.30	28.43	28.40	25.55	109.68	1
2	Life Adlakha	HAR	24.58	22.92	24.62	24.88	97.00	2
3	Nishka Kale	MH	24.57	23.95	24.73	21.93	95.18	3
4	Kimaya Karle	MH	22.27	25.35	22.37	22.02	92.01	4
5	Asmi Badade	MH	24.55	20.90	21.92	20.02	87.39	5
6	Dhruvi Chaudhary	HAR	20.13	18.63	20.79	19.67	79.22	6
7	Samruddhi B	MP	20.93	18.78	21.43	16.70	77.84	7
8	Manasvini Narayanan	PUN	18.62	20.18	19.67	18.00	76.47	8
9	Tejasvini Narayanan	HAR	21.57	18.97	18.62	16.48	75.64	9
10	Simran Kaur	J & K	17.87	17.70	17.22	16.18	68.97	10
11	Shayona V	KER	15.32	19.07	16.82	15.32	66.53	11
12	Keerthana G	KAR	18.53	14.10	14.17	14.65	61.45	12
13	Himani Gupta	J & K	12.93	14.68	14.67	14.17	56.45	13
14	Varsha	HAR	15.33	13.73	14.05	11.72	54.83	14
15	Debasmita Haider	WB	14.10	13.32	14.63	12.60	54.65	15

Individual All-around Championship (Junior)

SN	Name	State	Hoop	Ball	Clubs	Ribbon	AA	Rank
1	Muskan Rana	J & K	22.72	25.23	25.87	23.03	96.85	1
2	Yashashree More	MH	23.70	21.73	21.53	21.33	88.29	2
3	Shubhashree More	MH	22.72	21.97	22.37	19.87	86.93	3
4	Many	J & K	22.07	21.57	22.90	19.92	86.46	4
5	Parina Madanpotra	MH	24.15	20.00	21.97	19.67	85.79	5
6	Raechal Deep	HAR	23.43	19.53	20.60	20.40	83.96	6
7	Mihira Prabhu	HAR	20.60	21.70	21.73	18.80	82.82	7
8	Vaibhavi Sharma	J & K	21.70	20.30	21.50	19.22	82.72	8
9	Vrushali Gadgil	MH	20.07	20.02	20.90	20.30	81.29	9
10	Jagriti Thakur	J & K	19.37	20.77	21.33	19.10	80.57	10
11	Rasleen Kaur Brar	PUN	13.67	13.67	13.80	12.77	53.91	11
12	Aanya Goel	UP	14.72	14.37	12.00	11.85	52.94	12
13	Vaaruni B. S.	KAR	14.10	12.70	11.27	13.20	51.27	13

RG Group (Senior)

SN	Name	State	Total Score	Rank
1	Asmi Badade	Maharashtra	98.56	1
2	Manasvini Narayanan	Punjab	90.41	2
3	Dhruvi Chaudhary	Haryana	90.16	3
4	Keerthana G	Karnataka	83.24	4

5	Divyakshee Mhatre	Maharashtra	81.74	5
6	Priti	Punjab	79.32	6
7	Tejasvini Narayanan	Haryana	78.81	7

RG Group (Junior)

SN	Name	State	Total Score	Rank
1	Vrushali Gadgil	Maharashtra	85.98	1
2	Advika Lele	Maharashtra	80.15	2
3	Riya Bafna	Karnataka	76.40	3
4	Geetanshi Kaushish	Punjab	74.66	4
5	Damanjit Kaur	Punjab	74.16	5
6	Vaaruni B S	Karnataka	73.31	6

MOU: GOVERNMENT OF ODISHA SETS SIGHTS ON GYMNASTICS EXCELLENCE

Government of Odisha on Saturday (April 08, 2023) signed MoU and entered into an agreement with Arcelor Mittal Nippon Steel India to set up High Performance Centre (HPC) in gymnastics in Bhubaneswar. The centre is aimed to promote and develop the sport of gymnastics in the state. As part of this agreement, academies will also be set up in Puri, Jeypore and Rourkela. The MoU was signed between the state government of Odisha and AM/NS India in Kyoto during Chief Minister Naveen Patnaik's visit to Japan. As per the provisions of the MoU, the Odisha Government will create and maintain the infrastructure for the HPC and academies while AM/NS India will operate and manage these centres and train gymnasts, in particular women gymnasts, and provide coaching development and certification, and judge certification. Odisha's Sports and Youth Affairs secretary Vineel Krishna and Deputy Director HR & Admin AM/NS India Keiji Kubota signed the Memorandum of Understanding in the presence of the Honorable Chief Minister. "The Government of Odisha is dedicated to the development of sports in



the state. Gymnastics as an Olympic sport is evolving and has always had mass appeal. Odisha has a pool of talent who under expert guidance and a holistic support system can be nurtured to become international gymnasts over the next five years," Chief Minister Naveen Patnaik said while expressing happiness over the MoU and the partnership will go a long way in creating a vibrant gymnastics ecosystem in the country and help us to Identify and develop young talent for the future.

Odisha's earlier collaboration with AM/NS India during the Ultimate Kho-Kho League proved very fruitful with team Odisha Juggernauts (powerful) emerging champions. The company's efforts in promoting hockey were also commendable. The government recognizes the importance of public-private partnerships in encouraging sports development. The Odisha AM/NS Gymnastics High Performance Centre will be a facility housed in the Kalinga Stadium in Bhubaneswar for senior athletes participating in the 'Elite Senior



Gymnastics Programme'. While the three 'Odisha AM/NS Gymnastics Academies will be located in Puri, Jeypore, and Rourkela for grassroots level athletes. The HPC and academies will focus on creating a robust scouting framework, develop talent from Odisha to compete at National and International levels with competent coaching teams, quality equipment and sports science support. It will develop a gymnastics ecosystem with long term sustenance, with coach development and certification, judge certification and with a special focus on female gymnasts. The athletes will receive international and national exposure in addition to academic support. The programme will help to develop the sport in India and build a strong foundation of skilled coaches, trainers, and support staff, the official said. Odisha is the only state to set up a bouquet of high performance centres in India and since 2019, HPCs in swimming, shooting, weightlifting, football, hockey, sports science and athletics are operational and have produced national and international players.

RG: 3rd FIG RHYTHMIC GYMNASTICS WORLD CUP AT TASHKENT (UZB) 2023

Sanyukta Kale (MH) and Life Adlakha (Haryana) represented India in 3rd FIG World Cup 2023 circuit in Rhythmic Gymnastics (Individual) which is a series of competitions officially organized by The International Gymnastics Federation (FIG) at Tashkent (Uzbekistan) from 14-16th April 2023. Ms. Savita Marathe as Coach and Ms. Manisha Singh as Judge also accompanied the Indian Rhythmic Gymnastics Team to Tashkent.



44 gymnasts from 31 countries i. e. Australia, Austria, Azerbaijan, Brazil, Bulgaria, Canada, China, Cubana, Egypt, Estonian, Germany, Hungary, India, Italy, Japan, Kazakhstan, Kyrgyz Republic, Korea, Latvian, Malaysia, Moldova, Montenegro, Norges, New Zealand, Philippines, Romania, Republic of South Africa, Slovakia, Thailand, USA, and Uzbekistan participated in captioned World Cup. Sofia Raffaelli of Italy won 5 gold medals (AA, Hoop, Ball, Ribbon & Team) in RG World Championship at Sofia in 2022, became the Champion in the captioned World Cup at Tashkent with 131.85 points. The scores of Sanyukta Kale & Life Adlakha at the 3rd World Cup are given below. Next RG World Cups will be held at Baku (Azerbaijan) from April 21-23 and Milan (Italy) from July 21-23, 2023.



RG World Cup Tashkent (Results, C-I)

SN	Name	Country	Hoop	Ball	Clubs	Ribbon	AA	Rank
1	Raffaelli Sofia	Italy	34.90	32.95	32.05	31.95	131.85	1/44
2.	Sanyukta Kale	India	26.50	23.80	24.20	22.80	97.30	35/44
3	Life Adlakha	India	21.35	19.95	21.10	18.20	80.60	42/44

ART: SAI RECOGNIZES MERITORIOUS COACHES AND PLAYERS FOR 2022-23

Sports Authority of India (SAI) celebrated their 39th Foundation Day with a first of its kind cultural event Sangat, where SAI also recognized their meritorious player and coaches and gave them a SAI Institutional Awards 2022-23. Mr. Vishal Deep SAI Gymnastics Coach posted at NCOE New Delhi is awarded the SAI Institutional Best Coach Award for 2021-22 who produced an International Gymnast Ms. Kashmira Rajput. She represented India in BANGABANDHU 5th Central South Asian Gymnastics Championship



at Dacca Bangladesh from 27-31st October 2021. Ms. Kashmira Rajput won silver medals in Team Championship (125.650), 3 bronze medals in All-around Individual Championship (41.850), Uneven Bars (9.200) and Floor Exercises (11.167) events. Mr. Vishal Deep was the coach of Indian Women Artistic Gymnastics Team in above mentioned championship. Sports Authority of India honoured 14



coaches including Mr. Vishal Deep in gymnastics and others from different sports disciplines for this award by recognizing the exceptional performances in International Championships in their respective sports fields. The award was presented by Honourable Minister of Youth Affairs and Sports and Information and Broadcasting Government of India Shri Anurag Singh Thakur in a Glittering



function SANGAT hosted by DG Sports Authority of India (SAI) at JN Stadium on 29th March 2023 followed by an Awesome Cultural program. Shri Nisith Pramanik Union Minister of State for Youth Affairs and Sports Mrs. Sujata Chaturvedi IAS Secretary Sports were also present in

the function. The above award comprises a Ceremonial Dress, Memento with Certificate and a Cash Prize of Rs. 50000/- (Fifty Thousand). The event also felicitated five Sports Padmashri Awardees of the year 2022, who have also been SAI Coaches and / or players. SAI also recognized the four women boxers who have emerged from SAI Schemes and won gold medals for India at the recently concluded 13th IBA Women's World Boxing Championship New Delhi 2023. 1. Nitu-SAI NCOE Rohtak, 2. Nihkat Zareen-STC Vishakhapatnam, 3. Lovina Borgohain-SAI NCOE Guwahati and 4. Saweety Boora-STC Hisar & NCOE Rohtak.



MAGA: EXECUTIVE COMMITTEE MEETING OF MAGA AT PUNE

MAGA'S Executive Committee Meeting was held at Administrative Building of Shri Shahu Mandir College Pune on 16th April 2023 under the chairmanship of Shri Sanjay Shete President Maharashtra Amateur Gymnastics Association which was attended by Mr. K. G. Jadhav Chairman MAGA, Dr. Makarand Joshi General Secretary MAGA, Mr. Ashish Sawant Treasurer MAGA, Ms. Madhuri



Chendke Vice President MAGA, Mr. Sunil Chaudhary Vice President MAGA, Mr. Sandeep Joshi Vice President MAGA, Mr. M. Chemburkar Vice President MAGA, Mr. Aditya Joshi Vice President MAGA, Mr. Mandar Mhatre Joint Secretary MAGA, Mr. Ajay Mapuskar, Mr. Pahurkar, Mr. Mangesh Ingle, Mr. Suresh Bhagat, Mr. Deepak Sawant, Mr. Balasaheb Dhawale and few other members. The following points in agenda were discussed in the Executive Committee Meeting as mentioned below. 1. Confirmation of the minutes of the last EC meeting. 2. Amendments or Upgradation of MAGA's Constitution, if required 3. Settlement of disputes / conflicts of District Associations. Dr. Makarand Joshi General Secretary MAGA proposed the Vote of Thanks followed by the traditional lunch of Maharashtra.



AERO: SUZUKI WORLD CUP 2023 IN AEROBIC GYMNASTICS AT TOKYO JAPAN

Aerobic Gymnasts Meet Kosambia (Gujrat), Anjori Pangambam (Manipur) and Ariha Pangambam (Manipur) represented India in Senior Individual Men, in Junior Individual Women and in Senior Individual Women in FIG Suzuki

World Cup



2023 in Aerobic Gymnastics (Category-B) which was hosted by Gymnastics Federation of Japan at Ota City General Gymnasium Tokyo from 22 April - 23 April 2023. Mr. Y. Ranjan Singh (Manipur), Mr. Sagar Bidiwala (Gujrat) as coaches and Dr. Makarand Joshi Secretary MAGA as Judge and Head of the Delegation also

accompanied the Indian Aerobic Team in the FIG Suzuki World Cup 2023. Approximately 85 Gymnasts from 18 countries i. e. Australia, Azerbaijan, Cambodia, France, Hong-Kong, Indonesia, India, Japan, Mexico, Peru, Philippines, Portugal, Romania, Spain, Thailand, Taipei Chinese, USA and Vietnam participated in FIG Suzuki World Cup 2023 at Tokyo. Dr. Makarand Joshi was one of the judges in the Suzuki World Cup 2023 and acted as a judge in Artistic Jury and Execution Jury. This is the first time that Indian Aerobic team been fully sponsored for competition by Maruti Suzuki India and HakuHodo Sync.



डॉ. मकरंद जोशी यांची संघ प्रमुख व जज म्हणून निवड



Private Ltd Delhi. Indian Aerobic Contingent led by Dr. Makarand Joshi was very happy to meet Dr. Suresh Deshpande former Secretary Maharashtra Amateur Gymnastics Association & Former Principal Physical Education College of Amravati at Hanuman Vyayam Prasarak Mondal Amravati (Maharashtra) during the Suzuki World Cup at Tokyo. Dr.

Deshpande blessed the Indian Contingent and wished them for the best performance in the championship.

Suzuki World Cup in Aerobic Gymnastics

SN	Name	Fed	Sr. Ind. Men			Jr. Ind. Women			Sr. Ind. Women			Total	Rank
			D	A	E	D	A	E	D	A	E		
1	Meet	Ind	2.250	7.050	5.600							14.90	18/19
2	Anjori	Ind				1.550	7.666	7.166				16.38	11/15
3	Ariha	Ind							2.350	7.550	7.100	17.00	17/21

RG: 4th FIG RHYTHMIC GYMNASTICS WORLD CUP AT BAKU (AZERBAIJAN) 2023

Ananya Soman (Maharashtra) represented India in 4th FIG World Cup 2023 circuit in Rhythmic Gymnastics (Individual) which is a series of competitions officially hosted by Azerbaijan Gymnastics Federation at Milli Gimnastika Arenasi (National Gymnastics Arena) under the aegis of International Gymnastics Federation (FIG) at Baku (Azerbaijan) from 21-23rd April 2023. Ms. Varsha Upadhye Chief Coach PRGA as Coach and Ms. Sadichchha Kulkarni as Judge also accompanied the Indian RG Gymnast Ananya Soman to Baku. Approximately 55 RG Gymnasts from 40 countries i. e. Andorrana, Angola, Australia, Azerbaijan, Brazil, Bulgaria, China, Croatia, Cuba, Egypt, Espanola, Finland, France, Georgia, Germany, Greece, Hungary, India, Israel, Italy, Japan, Kazakhstan, Korea, Latvia, Lithuania, Malaysia, Mexico, Montenegro, Philippines, Poland, Romania, Republic of South Africa, Slovakia, Serbia, Spain, Switzerland, Turkey, Ukraine, USA, and Uzbekistan participated in FIG RG World Cup 2023 at Baku. Stilian Nikolova of Bulgaria upstaged reigning World

Champion Sofia Raffaeli of Italy at the Rhythmic Gymnastics World Cup 2023 in Baku by winning the All-around honour along with gold medal in Hoop (34.650), Clubs (34.150) and Ribbon (31.300) in the apparatus finals although a dropped ball which rolled out of bounds ended her chance of a clean sweep of titles in the Azerbaijani capital while Ananya



Soman (India) scored 84.100 points and her performance was praised throughout the World Cup.

FIG World Cup Baku Azerbaijan 2023 (Result: C-I)

SN	Name	Country	Hoop	Ball	Clubs	Ribbon	AA	Rank
1	Nikolova Stilian	Bulgaria	35.650	31.050	33.650	33.450	133.800	1/55
2	Ananya Soman	India	23.450	21.250	21.050	18.350	84.100	54/55



ART: AGU'S COMMON TRAINING CAMP IN WAG AT DHAKA, BANGLADESH

Bangladesh Gymnastics Federation under aegis of Asian Gymnastics Union Development Project organized the AGU Common Training Camp in Women Artistic Gymnastics at National Sports Council Gymnasium from 11-15th October 2022 in Dhaka (Bangladesh). Mr. Prakash Rewale (Maharashtra) participated from India in the AGU Common Training Camp. The main objectives of the course are to exchange experiences in coaching learning in Women Artistic Gymnastics, to enhance



cooperation, communication and good relationship between coaches and gymnasts from different countries of Asian Continent. AGU's Common Training camp was taken by FIG Expert Ms. Rima Kizulgun (AGU WAG TC President). 13 men and women coaches from Sri Lanka, Pakistan, Qatar, Indonesia, India and Bangladesh attended the AGU Common Training Camp in Women Artistic Gymnastics and Mr. Prakash Rewale along with others completed their training successfully.

ART: PUNE DISTRICT GYMNASTICS CHAMPIONSHIP AT INFINITE GYMNASTICS

Pune District Gymnastics Championship in Artistic Gymnastics in all age categories from 10 years to seniors was hosted by Pune District Gymnastics Association (PDGA) at Infinity Gymnastics on 22nd and 23rd April 2023. Shri Sanjay Shete President Maharashtra Amateur Gymnastics Association (MAGA) inaugurated the Pune District Gymnastics Championship on 22nd April 2023 at Infinity Gymnastics in presence of Mr. Sandeep Joshi Vice president MAGA & Secretary PDGA, Mr. Pravin Dhage, Mr. Mayuresh Ekbote, Ms. Savita Marathe, Mr. Deepak Kulkarni, Mr. Ajit Jarande, Ms. Mansi Karmakar, Mr. Tejas Bendre, Mr. Harshad Moghe, Mr. Saurabh Kokate, Mr. Pawan Bambhure and many other sports lovers. The Grand opening ceremony of the championship was organized by PDGA in collaboration with Infinity Gymnastics in which about 350 young gymnasts of Pune District participated. Medal and certificates were given



to the winners of all the age groups at Infinity Gymnastics Hall on 23rd April 2023. Pune District



Gymnastics Championship in Rhythmic Gymnastics was held at Alacrity Sports School Karve Nagar Pune on 29th & 30th April 2023 in which around 100 RG Gymnastics took part. Medal and certificates were given to the winners of all the age groups in Rhythmic Gymnastics.

ART: CORE PROBABLE'S SELECTION TRIALS FOR MEN & WOMEN ART GYMNASTS

Gymnastics Federation of India (GFI) organized the selection trials for the Artistic Gymnastics (MAG & WAG) for the selection of Core Probable's for National Camps, Foreign Training Exposure and Upcoming International Competitions at Gymnastics Centre Kalinga Stadium Bhubaneswar Odisha on 5th May 2023 for junior gymnasts and on 6th May 2023 for senior gymnasts. WAG Judges at Kalinga Stadium Bhubaneswar Odisha. The age criteria's for junior and senior gymnasts are as follows:



Age Gr.	Men's Artistic Gymnastics (MAG)	Women's Artistic Gymnastics (WAG)
Junior	15-18 years (born in 2005-2008)	14-15 years (born in 2008-2009)
Senior	18 years & above (born in 2005 or before)	16 years & above (born in 2007 or before)

Note: 18 years old MAG gymnasts who choose to compete as seniors in 2023 are not allowed to participate in the Junior Age group. Results of the junior gymnasts who participated in the selection trials held on 5th & senior gymnasts who participated in selection trials on 6th May 2023 at Kalinga Stadium Bhubaneswar



Odisha are given below. Mr. Pradip Sahu was the Program Coordinator while Mr. Ashok Mishra was the over all In-charge of the GFI selection trials. Total 62 gymnast's i. e. 11 junior girls, 15 senior girls, 17 junior boys and 29 senior boys participated in the captioned selection trials at Bhubaneswar Odisha. MAG Judges are seen with Mr. Steve Butcher former President Technical Committee FIG and Program Director for High Performance Centre at Bhubaneswar Odisha (India) and Organizers of GFI Selection Trials Mr. Kaushik Bidiwala Treasurer GFI, Mr. Ashok Sahu Chairman Selection Committee, Mr. Ashok Mishra and Mr. Pradip Sahu.

WAG Junior Selection Trials (Results, C-I)

SN	Name	State	Vault-1	UB	BB	FX	AA	Rank
1	Nishka Agarwal	Telangana	11.80	9.40	1075	10.70	42.65	1
2.	Sara Rawool	Maharashtra	10.90	8.50	9.70	10.45	39.55	2.
3	Anoushka Patil	Maharashtra	11.90	7.95	9.85	9.35	39.05	3
4	Krishna Shah	Maharashtra	10.80	7.90	10.25	9.55	38.50	4
5	Sneha Tariyal	Delhi	9.50	7.50	10.20	9.60	36.80	5
6	Ananya Shetty	Maharashtra	11.15	5.55	10.20	9.50	36.40	6
7	Nishi Bhavsar	Gujrat	9.00	7.95	9.35	9.65	35.95	7
8	Shravani Pathak	Maharashtra	9.80	8.65	7.85	9.35	35.65	8
9	Riya Sharma	Delhi	9.65	7.10	9.25	9.40	35.40	9
10	Trisha Ghosh	West Bengal	9.70	6.15	7.75	8.55	32.15	10
11	Sonali Dutta	West Bengal	10.15	6.85	6.05	8.40	31.45	11

MAG Junior Selection Trials (Results, C-I)

Rank	Name	State	FX	PH	RR	Vault-1	PB	HB	AA
1	Aryan Davande	MH	11.45	11.30	11.60	13.65	11.65	11.50	71.50
2	Pranav Mishra	UP	12.10	11.45	11.80	12.85	11.70	9.60	69.50
3	Jatin Kushwaha	UP	11.95	11.45	11.95	10.50	12.35	11.25	69.45
4	Subhadeep Patra	WB	11.85	10.95	11.95	12.30	11.30	11.10	69.45
5	Pranav Kushwaha	UP	12.25	10.90	11.50	11.10	10.85	11.65	68.25
6	Harschit D.	UP	11.95	10.60	10.60	12.65	11.50	10.90	68.20
7	Sarthak Rawool	MH	11.50	11.10	11.35	11.60	11.10	10.95	67.60
8	Sumit Yadav	UP	11.65	9.90	11.95	11.25	11.95	10.70	67.40
9	Rajveer	DEL	11.50	9.50	11.50	12.90	10.25	10.90	66.65
10	Nuen	UP	10.95	11.20	10.30	11.45	11.40	11.25	66.55
11	Manas Mankavale	MH	11.05	10.60	11.60	11.00	10.40	11.05	65.70
12	Alok Kumar	UP	10.40	10.60	11.00	12.25	11.35	9.75	65.35
13	Aayush Khamkar	MH	11.10	10.75	10.85	11.40	10.55	10.55	65.20
14	Umber Saha	DEL	11.20	11.45	10.35	10.15	10.00	10.65	63.80
15	Siddhant Konde	MH	11.40	2.70	11.65	11.80	11.10	12.30	60.95
16	Jacky Sagar	PUN	10.25	10.75	8.65	10.75	9.75	10.20	60.35
17	G. Nithya Santosh	AP	12.00	7.10	4.70	10.85	9.90	3.40	47.95

WAG Senior Selection Trials (Results, C-I)

SN	Name	State	Vault-1	UB	BB	FX	AA	Rank
1	Pranati Nayak	IR	11.90	9.80	10.90	10.90	43.50	1
2.	Pranati Das	IR	11.40	9.90	10.50	11.50	43.30	2.
3	Bidisha Gayen	WB	12.00	8.50	10.10	10.95	41.55	3
4	Shradhha Talekar	MH	11.25	8.75	9.70	9.55	39.25	4
5	Eshita Rewale	MH	11.25	7.70	9.50	10.45	38.90	5
6	Mallika Kulshreshtha	DEL	10.75	9.10	7.80	10.45	38.10	6

7	P. Surabhi Prasanna	TEL	11.30	7.00	9.45	9.60	37.35	7
8	Urvi Wagh	MH	11.30	7.70	9.45	8.65	37.10	8
9	Ayushma Sherawat	GUJ	11.15	6.75	9.10	9.80	36.80	9
10	Karishma	U. P.	10.80	8.60	7.95	9.15	36.50	10
11	Ritu Das	WB	10.95	7.35	8.65	9.00	35.95	11
12	Srivarshinee P. S.	KAR	11.30	6.95	8.05	9.45	35.75	12
13	Shatakshi Takke	MH	11.40	7.55	7.20	9.55	35.70	13
14	Anushka Jana	WB	11.45	5.95	7.70	9.80	34.90	14
15	Paridhi Jain	DEL	10.10	8.65	8.90	7.15	34.80	15

MAG Senior Selection Trials (Results, C-I)

Rank	Name	State	FX	PH	RR	Vault-I	PB	HB	AA
1	Yogeshwar Singh	Haryana	12.60	12.40	12.15	12.75	12.95	12.20	75.05
2	Abhijeet Kumar	SSCB	11.40	12.50	11.75	13.45	12.70	12.40	74.20
3	Rakesh Kr. Patra	SSCB	12.15	12.20	12.60	12.65	12.60	11.95	74.15
4	Saif Tamboli	SSCB	11.70	12.05	12.00	12.85	13.35	11.95	73.90
5	Gaurav Kumar	SSCB	12.55	11.25	12.00	12.60	13.10	12.05	73.55
6	Tapeswarnath Das	SSCB	12.30	11.70	11.60	12.45	11.05	11.95	71.05
7	Satyajit Mondal	Railways	11.65	11.45	11.90	12.50	12.35	11.15	71.00
8	Tapan Mohanty	Odisha	11.90	10.95	12.25	12.70	12.60	10.45	70.85
9	Abhilekh Parashar	Railways	12.40	11.05	11.20	12.40	11.85	11.85	70.75
10	Anand Patere	SSCB	11.85	11.25	10.50	12.65	12.30	11.96	70.50
11	Shayan Sharma	Delhi	11.90	11.20	10.75	12.80	12.30	11.40	70.35
12	Hari Krishan JS	SSCB	11.60	12.60	11.60	11.95	11.75	10.75	70.20
13	Siddharth Verma	Railways	11.90	11.60	11.50	13.10	10.20	11.75	70.05
14	Md. Bobby	SSCB	12.00	12.00	11.25	11.45	11.70	11.55	69.95
15	Md. Anas	SSCB	11.60	11.45	11.55	12.20	11.35	11.45	69.60
16	Ankur Sharma	Railways	12.65	10.80	11.40	12.55	12.70	9.25	69.35
17	Ashish Kumar	Railways	13.10	10.85	12.00	11.85	11.35	10.10	69.25
18	Mangesh Sankwar	UP	11.25	10.50	11.20	11.20	11.85	11.80	67.80
19	Prince Pal	SSCB	11.05	12.10	10.70	12.60	11.10	9.90	67.45
20	Deepak Rawat	Haryana	11.60	10.55	10.90	12.10	11.05	11.10	67.30
21	Sahil Yadav	Haryana	12.15	9.95	5.45	12.60	12.70	11.35	64.20
22	Aditya Singh Rana	Railways	12.15	12.30	11.15	-	12.20	11.70	59.50
23	Anas Ali Shaikh	SSCB	12.90	-	-	13.05	-	-	25.95
24	Tushar Kalyan	Delhi	12.95	-	-	-	11.95	-	24.90
25	Ujwal Naidu	Railways	11.45	-	-	11.90	-	-	23.35
26	Ganesh Aryal	SSCB	-	13.25	-	-	-	-	13.25
27	Swathish K. P.	Kerala	-	-	11.35	-	-	-	11.35
28	Debang Dey	SSCB	-	11.25	-	-	-	-	11.25
29	Pratik Sahu	UP	-	-	-	-	-	-	-

PHY. EDUCATION: NATIONAL SEMINAR ON NUTRITION & HEALTHY LIFESTYLE

Kavayitri Bahinabai Chaudhary North Maharashtra University Jalgaon sponsored National Seminar on Nutrition and Healthy Lifestyle jointly organized by DNCVP's Shirish Madhukarrao Chaudhary College, Jalgaon and KEC Society's College of Education and Physical Education, Jalgaon at KEC Society's College of Education and Physical Education, Jalgaon on 28th April 2023. One hundred research students and academicians



from all over the country were present in the seminar. Prof. Sanjay Hirode (HVPM, Amravati) gave guidance on Healthy lifestyle, Prof. Rajendra Shelke (Mumbai) on Diet and Health, Dr. Aniket Ambekar (Wardha) on Macro and Micro Nutrients, Dr. Shrikrishna Belorkar on Sports Nutrition. On this occasion, Prof. Dr. Ashok Rane, in his presidential address, highlighted the topic of changing lifestyle and diet that we consume as per age. Eleven research students presented their papers in this seminar and the session was chaired by Dr. Sanjay Chaudhari, Prof. Sanjay Hirode and Prof. Rajendra Shelke. The seminar was organized by Dr. Nilesh Joshi, Head of Physical Education Department Jalgaon.

Healthy Individuals, Healthy Society: Prof. Sanjay Hirode

Individuals are an integral part of the society and looking at the current environment. We will understand the unique importance of a healthy society. If we want to build a healthy society, it is very important for every person to maintain good health.

Proper diet is the key to health: Prof. Rajendra Shelke

If we want to live a happy life, it is very important for us to take care of our health. A proper and balanced diet is very important to maintain good health. The food we eat affects not only our body but also our mind. Therefore, it is very beneficial to add spirituality to maintain a healthy lifestyle.

Pay attention to micronutrients: Dr. Aniket Ambekar

Normally when we think about our diet, we are most often focusing on Macro nutrients. But along with them, micronutrients such as vitamins and minerals are also very beneficial for our health. Because they are supporting to wear and tear process.

Diet planning is very important for athletes: Dr. Srikrishna Belorkar

Diet planning from the right age is very beneficial to become a champion. Also, diet taken accordingly to increasing age is the key to success. For any athlete, his own body should be the first thing because with the support of his physical abilities he becomes a champion.

(Source: Dr. Nilesh Joshi)

AERO: Dr. MAKARAND JOSHI TO SOUTH EAST ASIAN GAMES 2023 AT COMBODIA

Dr. Makarand Joshi General Secretary Maharashtra Amateur Gymnastics Association (MAGA) is invited in 32nd SEA Asian Games to act as Superior Jury in Aerobic Gymnastics competition which was held at Phnom Penh Cambodia from 11-15th May 2023. MAGA has proud on Dr. Makarand Joshi who have already officiated in 17 International Competitions i. e. 6 World Championships, 4 Asian Championships, 3 Indoor Games, 2 World Cups and 2 South East Asian Games. SEA Games 2023 was the 3rd competition in which he has officiated as Superior Jury because of his long experiences in International Circuit. Shiv Chhatrpati Awardee Dr. Makarand Joshi is also one of the member of Aerobic Gymnastics' Technical Committee of AGU since 2018. Cambodia hosted first time SEA Games from 5-17th May 2023 in which 6200 athletes from 11 South East Asian countries i. e. Brunei, Cambodia, East Timor, Indonesia, Myanmar, Philippines, Singapore, Thailand and



Vietnam competed in 584 events in 36 sports. Gymnastics was held at Morodok Techo Sports Complex from 11-15th May 2023. The Motto of 32nd SEA Games was Sports Live in Peace. Dr. Makarand Joshi is with FIG International Judges and Tourism Minister of Cambodia at 32nd South East Asian Games (SEA) Games in Cambodia.

RG: 19th Jr. & 14th Sr. ASIAN RHYTHMIC GYMNASTICS AT MANILA PHILIPPINES 2023

20 Members Rhythmic Gymnastics Contingent represented India in 19th Jr. & 14th Sr. Asian Rhythmic Gymnastics Championship at Manila Philippines from 31st May to 3rd June 2023. The RG team members are Parina Madanpotra (MH), Raechal Deep (DEL), Vaibhavi Sharma (J & K), Mihira (HAR) for Junior Asian RG Championship and Richa Chordia (MH), Life Adlakha (HAR), Nishka Kale (MH), Kimaya Karle (MH) for Senior Asian RG Championship. Asmi & Divyakshi (MH), Priti & Manasvini (PUN), Dhruvi (HAR), Keerthana (KAR) in Senior Group while Vrushali & Advika Lele (MH), Damanjit & Geetanshi (PUN), Riya Bafna & Varunni (KAR) in Junior Group along with their coaches Ms. Krupali Patel Singh, Ms. Varsha Upadhye, Ms. Neetu Bala, Ms. Sadichchha Kulkarni (Coaches Senior Category), Ms. Mitali, Ms. Madhura Tambe (Coaches Junior Category) and Ms. Jasbir Kaur Babra as Manager. Ms. Kshipra Joshi and Ms. Manisha Singh also accompanied the Indian RG Team as Judges. These gymnasts are selected from the selection trials held at



Khelgaon Public School, Prayagraj in Uttar Pradesh on 7th & 8th April 2023 in Junior & Senior Age Groups. 200 gymnasts from 20 different countries will vie in the 19th Junior and 14th Senior Rhythmic Gymnastics Asian Championships, which was opened at the Ninoy Aquino Stadium in Manila on 31st May 2023 and continued till 3rd June and serves as a qualifier for the 40th FIG Rhythmic Gymnastics World Championships in Valencia, Spain in August 2023. Indian gymnast Parina Madanpotra gave a splendid performance in Hoop Event and qualified for the Hoop Apparatus Finals at the Apparatus Qualifications standing in the 5th position with 24.15 points and also finished at 5th position in Hoop Finals with an improved score of 24.25 points. Junior girls were allowed to perform only in one event.

14th Senior RG Asian Championship (Individual & Group)

SN	Name	Country	Hoop	Ball	Clubs	Ribbon	Gr.	Gr.	AA	Rank
1	Adalkha Life	India	22.40	21.15	21.90	-			65.45	28/39
2	Kale Nishka	India	22.15	-	23.70	19.25			65.10	29/39
3	Karle Kimaya	India	-	26.30	-	22.50			48.80	31/39
4	India Sr. Group						19.40	16.60	36.00	8/11
5	Team	India							215.35	10/11

Calculation is based on 8 Notes from Individual + 2 Notes from Group

19th Junior RG Asian Championship (Individual & Group)

SN	Name	Country	Hoop	Ball	Clubs	Ribbon	Gr.	Gr.	AA	Rank
1	Parina M Potra	India	24.15	-	-	-	-	-	24.15	5/15
2	Mihira	India	-	19.55					19.55	13/15
3	Vaibhavi S	India	-	-	19.60	-	-	-	19.60	13/15
4	Raechal Deep	India	-	-	-	19.15	-	-	19.15	13/15
5	Team	India	24.15	19.55	19.60	19.15	16.05	16.30	114.80	10/10

RG Group All-Around

SN	Nation	5 Hoops	3 Ribbons+2 Balls	Total	Rank
1	India (Senior)	19.400	16.600	36.000	8/11
		5 Ropes	5 Balls	Total	Rank
2	India (Junior)	16.050	16.300	32.350	10/10

ART: NATIONAL ARTISTIC GYMNASTICS COACHING CAMP (MEN & WOMEN)

Sports Authority of India and Gymnastics Federation of India conducted National Coaching Camp at Kalinga Stadium Bhubaneswar Odisha in Men's & Women's Artistic Gymnastics from 27th May to 11th June 2023 in preparation of 10th Senior Asian Artistic Gymnastics Championships to be held at Singapore from 15-18th June 2023 and other International Championships. Total 18 campers including 8 MAG and 6 WAG Core Probable's each are selected for the camp along with 3 Indian Coaches and 1 supporting staff vide GFI letter no. Prgfi/NCC/May/25/1 dated 25th May 2023. These gymnasts are selected on the basis of their performances from selection trials held at Kalinga Stadium Bhubaneswar Odisha on 5th & 6th May 2023 and in consultation with the respective Technical Committees.

SN	VENUE	DISCIPLINE	GYMNASTS	NAME OF THE COACHES
01	Kalinga Stadium Bhubaneswar, Odisha	MAG (8) Seniors	Yogeshwar Singh, Abhijeet Kumar, Rakesh Kumar Patra, Saif Tamboli, Gaurav Kumar, Tapeswarnath Das, Anas Ali Shaikh (SSCB), Ashish Kumar (Railways),	1. Mr. Ashok Mishra (I/C MAG & WAG) 2. Mr. Ashwani Samantray
02	Kalinga Stadium Bhubaneswar, Odisha	WAG (6) Seniors	Pranati Nayak, Pranati Das (Railways), Bidisha Gayen (WB) Shraddha Talekar, Eshitaa Rawel (Maharashtra), Mallika Kulshreshtha (Delhi),	1. Ms. Rakhi Debnath <u>Support Staff</u> 1. Ms. Kanika Taneja, Physio

ACRO: AGU'S COMMON TRAINING CAMP IN ACROBATICS AT BANGKOK

Gymnastics Association of Thailand under aegis of Asian Gymnastics Union Development Project organized the AGU Common Training Camp in Acrobatic Gymnastics at National Sports Council Gymnasium from 22-26th May 2023 in Bangkok (Thailand). Mr. Avijit Debnath (West Bengal) and Ms. Prachi Parkhi (Maharashtra) participated from India in the AGU Common Training Camp. The main objectives of the course are to exchange experiences in coaching learning in Women Artistic Gymnastics, to enhance cooperation, communication and good relationship between coaches and gymnasts from different countries of Asian Continent. AGU's Common Training camp was taken by FIG Expert was Ms. Hristova Nikolina Kirova from Bulgaria. 16 men and women coaches and 2 gymnasts from Thailand (3), Kazakhstan (5), Hong Kong (2), Uzbekistan (2), Philippines (3), LAO ((1) and India (2) attended the AGU Common Training Camp in Acrobatic



Gymnastics. Mr. Avijit Debnath (West Bengal) and Ms. Prachi Parkhi (Maharashtra) along with other coaches completed their training successfully. The above group photo is with President, Vice-President and Secretary of Gymnastics Association of Thailand.

MYAS: SHIV CHHATRAPTI AWARDS TO GYMNASTICS COACH'S & GYMNASTS

Government of Maharashtra conferred the State's most prestigious Shiv Chhatrapati State Sports Award for the Best Gymnastics Coaches and Best Gymnasts for the different years as mentioned below for their outstanding individual achievements in gymnastics for the glory of the Maharashtra. Shiv Chhatrapati State Sports Award is the highest prestigious sports award honoured annually to the players and coaches of Maharashtra by the Government of Maharashtra in India. The Government of Maharashtra instituted in



1969-70 a scheme for giving the Shiv Chhatrapati State Awards to sportsmen and women. The State Government has approved 24 games for men and 12 for women for this purpose. At present, the award carries a cash prize of ₹3 lakh, a



memento with a headgear of Shiv Chhatrapati, a sword, and Jari Patka placed in a tray supported by a wooden stand and citation along with lifetime right to travel by MSRTC bus free of cost. The winners are selected by a committee appointed by the Government of Maharashtra.

SN	Name	Year	Game	Award For
1	Dr. Aditya Joshi	2019-20	Gymnastics	Best Coach
2	Mr. Sanjog Dhole	2020-21	Gymnastics	Best Coach
3	Mr. Siddharth Kadam	2021-22	Gymnastics	Best Coach
4	Mr. Rugved Joshi	2021-22	Gymnastics	Best Player

SGFI: 66th NATIONAL SCHOOL GAMES CHAMPIONSHIPS 2022-23

Newly Elected School Games Federation of India (SGFI) who completed it's 6 months, has organized 66th National School Games from 6-12th June 2023 in 21 games / sports only for under 19 years boys and girls in place of 131 games and sports. 66th SGFI National Championships 2022-23 for U/19 years

boys and girls were held at Bhopal in Athletics, Boxing, Football, Judo, at Gwalior in Badminton, Hockey and at Delhi in Basketball, Chess, Gymnastics, Handball, Kabaddi, Kho-Kho, Lawn Tennis, Shooting, Swimming, Table Tennis, Taekwondo, Volleyball, Wrestling, Weight-Lifting and Yoga. 65th SGFI Nationals Games last held at Agra in 2019. Rajveer with 73.250 points in MAG and Charu Rawat in WAG



both from Delhi became the All-Round Individual Champions. Maharashtra Gymnastics Contingent won 9 gold, 8 silver and 4 bronze medals in MAG, WAG, Rhythmic Gymnastics and Acrobatic Gymnastics in 66th SGFI National Games 2022-23. Results of Gymnastics are given below:



66th SGFI National Artistic Gymnastics Championship New Delhi (Boys-U/19 Years)

Event	Gold	Silver	Bronze
Team	West Bengal-332.100	Maharashtra-311.950	Delhi-301.300
AA	Rajveer-Delhi-73.25	Soham-WB-71.55	Manthan-Del/Pranav-CBSE-68.95
FX	Rajveer-Delhi-11.90	Sarthak-MH-11.74	Manthan-Del-11.44
PH	Soham Majumdar-WB-12.14	Pranav Kush-CBSE-11.50	Rajveer-Delhi-11.44
RR	Manas Mankavale-MH-11.44	Tosif Rana-WB-11.37	Rajveer-Delhi-11.24
VT	Pranav Kushwaha-CBSE-12.52	Sarthak-MH-12.35	Rajveer-Delhi-12.28
PB	Rajveer-Delhi-11.80	Pranav Kush-CBSE-11.74	Manas Mankavale-MH-11.74
HB	Tosif Rana-WB-11.34	Manas Mankavale-MH-11.04	Megh-MH-10.70

66th SGFI National Artistic Gymnastics Championship New Delhi (Girls-U/19 Years)

Event	Gold	Silver	Bronze
Team	Delhi-185.250	West Bengal-177.950	Maharashtra-167.850
AA	Charu Rawat-Delhi-40.45	Yashashwta Rawat-Del-39.00	Jinia Debnath-WB-38.85
VT	Anushka Jana-WB-10.90	Jinia Debnath-WB-10.33	Charu-Rawat-Delhi-10.07
UB	Charu-Rawat-Delhi-8.40	Riya Sharma-Delhi-8.07	Jinia Debnath-WB-7.74
BB	Jinia Debnath-WB-10.00	Charu-Rawat-Delhi-9.80	Anushka Jana-WB-9.20
FX	Anushka Jana-WB-10.70	Saloni Dadarkar-MH-10.04	Jinia Debnath-WB/Muskan-Har-10.00

66th SGFI National Rhythmic Gymnastics Championship New Delhi (Girls-U/19 Years)

Event	Gold	Silver	Bronze
Team	Maharashtra-200.200	CBSE-196.450	Haryana-178.650
AA	Asmi Badade-MH-69.95	Spruha Sahoo-CBSE-65.65	Life Adlakha-Har-65.65
Hoop	Life Adlakha-Har-24.45	Asmi Badade-MH-22.40	Shruti Singh-Delhi-21.95
Ball	Life Adlakha-Har-23.45	Asmi Badade-MH-23.25	Samruddhi B-CBSE-22.65
Clubs	Asmi Badade-MH-24.05	Life Adlakha-Har-22.65	Spruha Sahoo-CBSE-21.17
Ribbon	Life Adlakha-Har-23.82	Asmi Badade-MH-23.80	Tejesvini Narayanan-Har-21.85

66th SGFI National Acrobatic Gymnastics Championship New Delhi (Boys/Girls-U/19 Years)

Event	Gold	Silver	Bronze
WP	Delhi-19.66	Kerala-17.07	Maharashtra-16.87
MP	West Bengal-18.55	Maharashtra-18.32	Kerala-17.73
MXP	Maharashtra-23.08	Delhi-21.87	West Bengal-21.59
TRO	Maharashtra-22.88	Delhi-22.05	IPSC-14.60
M. GR.	Maharashtra-22.88	West Bengal-21.46	Delhi-15.16

ART: 16th Jr. ASIAN ARTISTIC GYMNASTICS CHAMPIONSHIP AT SINGAPORE 2023

Singapore Gymnastics hosted the prestigious 16th Junior Asian Artistic Gymnastics Championships for the first time from 10-13th June 2023 at the OCBC Arena at the Singapore Sports Hub, in which some of the region's best gymnasts from gymnastics powerhouses like China, Japan and Korea participated. Indian Junior Boys Contingent consists of



Aryan Davande, Subhadeep Patra, Jatin Kushwaha, Pranab Mishra and Mr. Raja Babu as coach attended a coaching camp at Khelgaon Prayagraj Uttar Pradesh from 28th May to 8th June 2023 and left for Singapore on 9th June 2023 to participate in 16th Junior Asian Gymnastics Championship. Junior girls' team was selected but not sent because these girls were unable to attend the coaching camp. Indian Junior Boys' team got the 1.00 deduction from the Final Team Score 203.300-1.00=202.300 due to Non-Respect of Warm-up Time. Aryan Davande secured 13.500+12.950=13.225 in Vault and qualified at 8th place for Vault Final and is the



Indian Gymnast who qualified for Vault Final and finished at 6th place with an improved score of 13.325. Aryan Davane practicing at Daakham Gymnastics Centre Thane under Mr. Mahendra Babhulkar. Pranav Mishra secured $13.200+12.800=13.000$ in Vault and qualified as Reserve-2. Gymnasts from Japan, China, Kazakhstan, Uzbekistan, Taipei, Malaysia, Vietnam, India, Bangladesh, Singapore, Philippines, and Mongolia. The Asian Artistic Gymnastics Championships is a continental event, and athletes who want to qualify for the Paris 2024 Olympics will first have to compete in this competition and earn their spots at the World Championships in Antwerp Belgium which is scheduled from September 30th to 8th October 2023 and nine teams will qualify for the 2024 Paris Olympics from the World Championship 2023. (Pic: Aryan Davande)

Junior Asian Artistic Gymnastics Championship Boys (Results, C-I)

SN	Name	Fed	FX	PH	RR	Vault-1	PB	HB	AA	Rank
1	Aryan Davande	India	11.40	11.40	11.50	13.50	10.75	10.60	69.150	28/42
2	Jatin Kushwaha	India	-	11.90	11.55	11.30	10.75	-	45.500	-
3	Pranav Mishra	India	11.25	10.45	11.75	13.20	10.95	9.25	66.850	34/42
4	Subhadeep Patra	India	11.05	7.30	11.70	11.75	9.50	10.10	61.400	39/42
5	Team	India	33.70	33.75	35.00	38.45	32.45	29.95	202.300	9/11

Junior Asian Artistic Gymnastics Championship Boys (Results, C-III)

SN	Name	Fed	Vault-1+Vault-2= Vault Final				Rank
1	Aryan Davande	India	$13.600+13.050=13.325$				6/8

ART: 10th Sr. ASIAN ARTISTIC GYMNASTICS CHAMPIONSHIP AT SINGAPORE 2023

Indian Senior Artistic Gymnastics Contingent (Men & Women) consist of Yogeshwar Singh, Abhijeet Kumar, Rakesh Patra, Saif Tamboli, Anas Ali Shaikh in men Pranati Nayak, Pranati Das, Bidisha Gayen in women along with their coaches Mr. Ashok Mishra (MAG Coach & HOD) and Ms. Rakhi Debnath (WAG Coach) participated in the 10th Senior Asian Artistic Gymnastics Championship from 15-18th June 2023 at the OCBC Arena at the Singapore Sports. Mr. Pravin Dhage (MAG Judge) and Ms. Kalpana Debnath (WAG Judge) also accompanied the Indian Gymnastics team. Final Men's team is selected from the national coaching camp which was held at Kalinga Stadium Bhubaneswar Odisha from 27th May to 10th June 2023. 74 men & 57 women gymnasts participated from 14 countries i. e. China, Japan, Uzbekistan, Taipei, Philippines, Mongolia, Singapore, Thailand, Indonesia, Hong-Kong, Jordan, Kazakhstan, Syria and India.



10th Senior Asian Artistic Gymnastics Championship Men (Results, C-I)

SN	Name	Fed	FX	PH	RR	Vault-1	PB	HB	AA	Rank
1	Yogeshwar S	Ind	13.000	11.433	12.100	13.900	13.100	12.766	76.299	20/74
2	Rakesh Patra	Ind	11.933	12.066	13.500	12.833	13.200	12.666	76.198	21/74
3	Abhijeet Kr	Ind	11.500	11.900	12.100	12.666	12.833	12.500	73.499	29/74
4	Saif Tamboli	Ind	X	11.200	12.533	X	13.733	12.066	49.532	50/74
5	Anas Ali Shaikh	Ind	11.533	X	X	13.066	X	x	24.599	67/74
6	Team		36.466	35.399	38.133	39.799	40.033	37.932	227.762	06/10

10th Senior Asian Artistic Gymnastics Championship Women (Results, C-I)

SN	Name	Fed	V-1	V-2	UB	BB	FX	AA	Rank
1	Pranati Nayak	India	13.000	12.466	10.666	10.000	10.766	44.432	27/57
2.	Pranati Das	India	11.966		9.233	10.233	11.933	43.365	32/57
3	Bidisha Gayen	India	11.933		5.966	8.666	11.133	37.698	40/57
4	Team	India	36.899		25.865	28.899	33.832	125/495	07/07

Pranati Nayak qualified at 8th place with $13.000+12.466=12.733$ in Vault qualifying round and finished at 8th place in Vault Final with a score of $12.833+12.000=12.417$. Rakesh Patra was Reserve-2 in Rings Final while Anas Ali Shaikh was Reserve-3 in Vault Final.

NG: CHIEF MINISTER UNVEILS MOGA, THE MASCOT FOR 37th NATIONAL GAMES

Chief Minister Dr. Pramod Sawant unveiled the Mascot MOGA which represent Indian Bison for 37th National Games at a Mascot launching ceremony on 18th June 2023, the auspicious occasion of Goa Kranti Din at Dr. Shyama Prasad Mukherjee Stadium-Taleigao organized by the Directorate of Sports and Youth Affairs and the Sports Authority of Goa. Chief Minister also said that this day is an important day in the history of Goa as we celebrate Goa Revolution day and youngsters should start new revolution in the field of sports. As Goa is hosting 37th National Games for the first time, he appealed to all the



associations and people of Goa to make use of this platform and participate in the upcoming National Games in large numbers. Minister for Sports Shri Govind Gaude describing about MOGA Mascot said the word MOGA is derived from Konkani word which means Love. MOGA symbolizes the passion and the love that our athletes have towards respective discipline. We have chosen MOGA as the Mascot with an aim to inspire our athletes and ignite the passion within sports.



RG: MH STATE RG SELECTION TRIALS FOR SENIOR RG GYMNASTS AT PUNE 2023

Maharashtra Amateur Gymnastics Association (MAGA) and Poona District Gymnastics Association jointly conducted the Senior RG Selection Trials at Alacraty Sports School Pune on 24th June 2023 to select the Senior Maharashtra RG Team to participate in National Selection Trials for 19th Asian Games which were held at Jammu on 29th June 2023. Six girls are selected to participate in the National RG Selection Trials to be held at Jammu on 29th June 2023.

RG: SELECTION TRIALS FOR SENIOR RG GYMNASTS FOR 19th ASIAN GAMES 2023

Gymnastics Association of Jammu & Kashmir conducted selection trials for Senior Rhythmic Gymnasts under the aegis of Gymnastics Federation of India on 29th June 2023 at



Gymnastics Academy M. A. Stadium Jammu for the selection of Rhythmic Gymnasts for 19th Asian Games to be held at Hangzhou (China) and ranking for upcoming International competitions. 21 girl's i. e. Maharashtra (6), J & K (4), Haryana, (2), Gujrat (2), Telangana (1), Punjab, (2), Madhya Pradesh (1), Karnataka (2) and Delhi (1) participated to get the top rank with their splendid performances and presentation of high difficulty. The result as per merit is given below:

RG Selection Trials 2023 Jammu Results

SN	Name	State	Hoop	Ball	Clubs	Ribbon	AA	Rank
1	Sanyukta Kale	MH	26.55	25.40	25.60	24.05	101.60	1
2	Life Adalkha	HAR	22.20	25.75	24.40	25.10	97.45	2
3	Nishka Kale	MH	23.35	21.90	23.35	20.55	89.15	3
4	Kimaya Karle	MH	21.35	23.40	20.85	20.60	86.20	4
5	Ananya Soman	MH	21.35	21.00	21.60	20.10	84.05	5

6	Asmi Badade	MH	20.85	19.60	18.70	15.00	74.15	6
7	Reva Jogdand	MH	18.15	16.20	18.10	18.40	70.85	7
8	Samruddhi B.	MP	17.80	19.35	16.35	16.40	70.85	8
9	Stuti Gupta	J & K	15.75	15.65	17.20	17.25	65.85	9
10	Sneha Dawan	J & K	15.80	17.75	16.45	14.50	64.50	10
11	Dhruvi Chaudhary	HAR	15.65	16.40	16.70	15.30	64.05	11
12	Manasvini N.	PUN	14.65	15.80	13.75	14.25	58.45	12
13	Sivangi	J & K	12.15	16.40	14.40	13.80	56.75	13
14	Keerthana G.	KAR	14.20	14.30	14.00	12.10	54.60	14
15	Himani Gupta	J & K	9.90	14.95	13.00	13.45	51.30	15
16	Sarita Solanki	GUJ	13.15	14.50	11.10	10.45	49.20	16
17	Kushi Jain	KAR	12.60	11.40	12.70	8.60	45.30	17
18	Ananya Garikipati	TEL	13.20	9.90	10.70	7.80	41.60	18
19	Aadya Singh	DEL	11.15	9.20	11.85	9.00	41.20	19
20	Nisha Bawa	GUJ	11.95	8.95	9.35	8.60	38.85	20
21	Parleen Kaur	PUN	10.55	0.00	0.00	0.00	10.55	21

TRAM/TUMB: SELECTION TRIALS FOR ALL AGE GROUPS IN TRAMP/TUMB 2023

Maharashtra Amateur Gymnastics Association (MAGA) conducted an open selection trials for Trampoline and Tumbling (Men & Women) on 30th June and 1st July 2023 for the selection of core probable's for National Camp, Asian Games, World Championships, and World Age Group Championships at Shravan Sports Academy Dombivali



District: Thane under the aegis of Gymnastics Federation of India.



Only 4 Gymnasts per state per event are allowed to participate. Age Groups are given below for participation in the 2 days selection trials.

Age Groups	Age Requirements
Age Group-I	Born in 2009-2010 (13-14 Years)
Age Group-II	Born in 2007-2008 (15-16 Years)
Seniors	Born in 2006 or Before (17 Years or Older)

Maharashtra sent a strong contingent with 24 male and female gymnasts in trampoline and 21 male and female gymnasts in tumbling to take part in selection trial competitions. Besides Maharashtra team, the other teams from Andhra Pradesh, Uttar Pradesh, Karnataka, Goa and Kerala participated in the above mentioned Trampoline and Tumbling Selection trials at Shravan Sports Academy Dombivali District: Thane (Maharashtra).

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