

MAHARASHTRA AMATEUR GYMNASTICS ASSOCIATION

NEWS BULLETIN OCTOBER, NOV AND DECEMBER 2023

WISHING YOU A VERY HAPPY FESTIVAL OF LIGHTS 2023

TRAM: FIG TRAMPOLINE WORLD CUP AT VARNA (BULGARIA) OCTOBER 2023

Indian Trampoline Contingent



consist of Rahi Pakhale (MH), Siddhi Breed (MH), Anvitha Sachin (Kerala) for Individual Women (IW), Adarsh Bhoir (MH), Ajay Pahunkar (MH) and Abhijit Nimbhalkar (Goa) for Individual Men (IM) along with their coaches Mr. Kiran Patil (Goa) and Ms. Arti Gupta (MH) participated in FIG Trampoline World Cup at their own cost at Varna (Bulgaria) on 7th & 8th October 2023. Anvitha Sachin is the first gymnast from Kerala who is representing India in FIG Trampoline World Cup. Approximately 140 gymnasts from 34 countries participated in FIG Trampoline World Cup at Varna 2023 which also served as a qualifier for the 2024 Paris Olympics. Varna is no stranger to hosting Trampoline Gymnastics events but earlier Varna successfully conducted European Gymnastics Championships in 2010 and the World Cup in 2011 and Bulgaria's sea capital "Varna" once again welcomes all the delegates for another exciting event at the Palace of Culture, the venue of the FIG Trampoline World Cup. Prize money will also be awarded to the winners FIG Trampoline World Cup which is as follows: First prize-1500 CHF, Second prize-1000 CHF and Third prize-500 CHF.



SN	Name	Country	Event	Score	Rank
1	Rahi Pakhale	(MH) India	Individual Women	40.190	59/64
2	Siddhi Breed	(MH) India	Individual Women	37.960	60/64
3	Anvitha Sachin	(Kerala) India	Individual Women	32.300	62/64
4	Adarsh Bhoir	(MH) India	Individual Men	44.040	61/66
5	Ajay Pahunkar	(MH) India	Individual Men	42.410	62/66
6	Abhijit Nimbhalkar	(MH) India	Individual Men	42.160	63/66

WC: YURCHENKO DOUBLE PIKE NAMED AFTER SIMONE BILES

American Gymnast Simone Biles became the first woman to do Yurchenko Double Pike at 52nd World Artistic Gymnastic Championship at Antwerp which is the most difficult vault and rated 6.40 points by the FIG Technical Committee. Simone scored 15.266 with a total of 58.866 in the All-around, securing the vault to be named as Biles-II. After a different original jump named after her in 2018. Simone Biles won Individual All-around title in 52nd World Championship at Antwerp (Belgium) for the Sixth time (2013, 2014, 2015, 2018, 2019 & 2023) that made her the most decorated gymnast in history with 25 World's medals and 7 Olympic medals and five skills named after her.



KIA: ASSESSMENT CAMP OF KHELO INDIA ATHLETES AT IG STADIUM DELHI 2023

Sports Authority of India organized an Assessment Camp of Khelo India Athletes (KIA's) at



SAI NCOE
New Delhi
from 4-7th
October
2023 for



56 Artistic & Rhythmic Gymnastics girls in first phase and 41 Artistic Gymnastics boys in second phase from 9-12th October 2023 who were selected from Khelo India Youth Games or Junior National Championships in previous years. Only 44 girls and 39 boys attended the above mentioned Khelo India's assessment camp. These tests based on scientific, performances and 16 selected battery of tests which were conducted by the Talent Identification and Development Committee (TIDC) consists of Dr. Kalpana Debnath (Arjun Awardee), Mr. Ratan Debnath and Mr. Lakhan Sharma High Performance Manager and also assisted by Mr. Vishal Deep, Mr. Sumit Makanariya, Ms. Kanica Sharma NCOE's Gymnastics coaches posted at NCOE Centre at IG Stadium New Delhi vide its Administrative Sanction No. 28/2023-24.

AG: INDIA AT 19th ASIAN GAMES 2022 AT HANGZHOU, CHINA

19th Asian Games were held at Hangzhou in China from September 23 to October 8, 2023.



The 15-day-long continental showpiece, shifted from 2022 to 2023 due to COVID-19, in which 5054 athletes from 45 countries participated in 482 events in 40 sports and 61 disciplines.

Hangzhou was the third Chinese city to



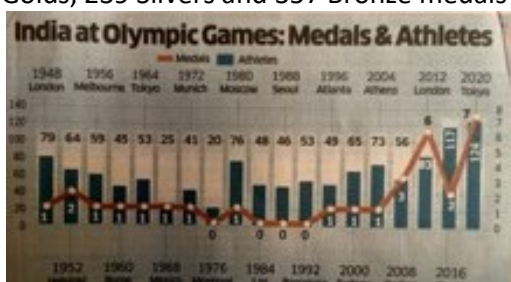
host 19th Asian Games 2023. Earlier China hosted in Beijing in 1990 and Guangzhou in 2010. The continental multi-sports event Asian Games was first organized in New Delhi, India in 1951 and second time in 1982 also in New Delhi and since then executed every fourth year. Thai Capital of Bangkok has hosted most number of Asian Games (4 times) in 1966, 1970, 1978 and 1998 followed by South Korea thrice in 1986, 2002 and 2014. Since 1951, the seven nations i. e. India, Japan, Philippines, Singapore, Sri Lanka, Indonesia and Thailand have consistently competed in every edition of the Asian Games. India achieved historic first ever in 72 years with its great performances specially in Athletics, Equestrian, Rowing, Sailing, Shooting, Squash, Badminton, Hockey and won more than 100 medals including gold, silver and bronze medals in 19th Asian Games at Hangzhou 2023 which is highest ever medals since 1st Asian Games held at New Delhi in 1951. Many Indian Sportspersons have given a record-breaking performances and booked their quota of 2024 Paris Olympics. Historic performance by Indian athletes at Hangzhou 2023. #Iss bar 100 par



SN	Year	Venues	Gold	Silver	Bronze	Total	Rank
1	1951	New Delhi	15	16	20	51	2 nd
2	1954	Manila, Philippines	5	4	8	17	5 th
3	1958	Tokyo, Japan	5	4	4	13	7 th
4	1962	Jakarta, Indonesia	10	13	10	33	3 rd
5	1966	Bangkok, Thailand	7	3	11	21	5 th
6	1970	Bangkok, Thailand	6	9	10	25	5 th

7	1974	Tehran, Iran	4	12	12	28	7 th
8	1978	Bangkok, Thailand	11	11	6	28	6 th
9	1982	New Delhi	13	19	25	57	5 th
10	1986	Seoul, South Korea	5	9	23	37	5 th
11	1990	Beijing, China	1	8	14	23	11 th
12	1994	Hiroshima, Japan	4	3	16	23	8 th
13	1998	Bangkok, Thailand	7	11	17	35	9 th
14	2002	Busan, South Korea	11	12	13	36	7 th
15	2006	Doha, Qatar	10	17	26	53	8 th
16	2010	Guangzhou, China	14	17	34	65	6 th
17	2014	Incheon, South Korea	11	10	36	57	8 th
18	2018	Jakarta, Indonesia	16	23	31	70	8 th
19	2022	Hangzhou, China	28	38	41	107	4 th
		Total (1951-2023)	183	239	357	779	

Note: Overall, India have 779 medals in the history of the Asian Games which includes 183 Golds, 239 Silvers and 357 Bronze medals 1st Asian Games 1951 to 19th Asian Games 2022.



AERO: FIG WORLD CUP AEROBIC GYMNASTICS AT BUCHREST ROMANIA 2023

14 Members Aerobic Gymnastics Contingent



(Head of Delegation), Mr. Gurjeet Singh Bajwa



namely Laksh Mahajan-Mix Pair & Group, Yaadavi Mahajan-Mix Pair, Gourav Chettri-Group, Dhruv Dewan-Group, Manav Gupta-Group, Sudipti Khanna-Group, Aadiya Jain-Aero Dance, Sowbhagya Bahadur-Aero Dance, Keerthana Gangadhar-Aero Dance, Goutham Kumar-Aero Dance, Kushi Jain-Aero Dance, Vishishta Kiran-Aero Dance, Varshitha Shyam-Aero Dance, Pranav Simha Turuvekere-Aero Dance, Mr. S. P. Singh

and Mrs. Mini Chhabra (Coaches, Aerobic Gymnastics), participated in the FIG World Cup in Aerobic Gymnastics at Bucharest (Romania) from 13-15th October 2023. A total of 128 gymnasts from 21 countries including India competed in the above mentioned FIG World Cup 2023. Shri Rahul Srivastava Indian Ambassador in Romania visited the competition venue on 13th October 2023 to meet and encourage the Indian Aerobic Gymnastics Team. Top 5 Aero Dance Teams including Indian Aero Dance Team qualified at 5th place with 13.400 points for the Finals and finished at 5th place with 13.000 points in Aero Dance final competition.

FIG World Cup Aerobic Gymnastics Results

SN	Name	Country	Event	Score		Rank
				Q	Final	
1	Laksh Mahajan & Yaadavi Mahajan	India	Mix Pair	12.000	-	12
2	Gourav Chettri, Dhruv Dewan, Manav Gupta, Sudipti Khanna, Laksh Mahajan	India	Group	12.300	-	10
3	Aadiya Jain, Sowbhagya Bahadur, Keerthana Gangadhar, Goutham Kumar, Kushi Jain, Vishishta Kiran. Varshitha Shyam, Pranav Simha	India	Aero Dance	13.400	-	5
				-	13.000	5

ART: 52nd ALL INDIA INTER-RAILWAY GYMNASTICS CHAMPIONSHIP, PRAYAGRAJ

North Central Railway (NCR) conducted 52nd All India Inter-Railway Gymnastics Championship at Khelgaon Public School Prayagraj from 13-15th October 2023 in which gymnasts from South Eastern Railway, Eastern Railway, Metro Railway, CLW, Northern Railway, North Central Railway, South Central Railway and Western Railway participated. Aditya Singh Rana of NCR with 73.75 points and Pranati Das of Eastern Railway with 46.80 points were declared Individual Champions of 52nd edition of All India Inter-Railway Gymnastics Championship 2023.

52nd All India Inter-Railway Artistic Gymnastics Championship Prayagraj (Men)

Event	Gold	Silver	Bronze
Team	North Central Railway-350.00	South Eastern Railway-329.675	Eastern Railway-308.3500
AA	Aditya S. Rana-NCR- 73.75	Ujwal C. Naidu-SER-73.000	Siddharth Verma-NCR-71.975
FX	Ujwal C. Naidu-SER-13.075	Shayam Sharma-NR-12.325	Siddharth Verma-NCR-12.225
PH	Aditya S. Rana-NCR-11.85	Suman Halder-SER-11.83	Ankur Sharma-NCR-11.75
RR	Swathish KP-SCR-13.50	Aditya S. Rana-NCR-12.40	Ujwal C. Naidu-SER/Deepak-NR-12.25
VT	Ujwal C. Naidu-SER-13.20	Siddharth Verma-NCR-13.125	Vishal P. Jadhav-SCR-13.025
PB	Aditya S. Rana-NCR-13.30	Shayam Sharma-NR-13.10	Ankur Sharma-NCR/Krashna Kumar-WR-12.70
HB	Aditya S. Rana-NCR-12.10	Siddharth Verma-NCR-12.05	Vaibhav Choursia-WR/Anubhav Ghosh-ER-11.80

52nd All India Inter-Railway Artistic Gymnastics Championship Prayagraj (Women)

Event	Gold	Silver	Bronze
Team	North Central Railway	South Eastern Railway	Eastern Railway
AA	Pranati Das-ER-46.800	Bidisha Gayen-SER-43.75	Protishtha Samanta-SER-42.40
VT	Protishtha Samanta-SER-12.30	Bidisha Gayen-SER-11.85	Swastika Ganguli-CLW-11.65
UB	Pranati Das-ER-10.55	Pranati Nayak-CLW-10.30-	Swastika Ganguli-CLW-8.85
BB	Pranati Das-ER-12.55	Bidisha Gayen-SER-11.55	Papiya Das-Metro-10.65
FX	Protishtha Samanta-SER-12.05	Pranati Das-ER-12.00	Bidisha Gayen-SER-12.00

ACRO: 13th ASIAN ACROBATIC GYMNASTICS AT TASHKENT (UZBEKISTAN) 2023

38 Members Indian Acrobatics Gymnastics Contingent along with the following official's i. e.



Pravin Shinde (MH), Ms. Veena Murthy (KAR), Mr. Sunil Ranpist (MH), Mr. Bishu Das (MH) are selected as coaches, FIG International Judges Mr. Sumith MR (Kerala), MR. Yogesh Pawar (MH), Mr. Arvind Shinde (MH) as Judges to participated in the 13th

Jr. & Sr. Asian Acrobatic Gymnastics Championship at Tashkent (UZB) from 18-20 October 2023. Mr.



Ashish Hattekar was the manager of the Indian Acrobatic Gymnastics Team in above competition. 5 Acrobatic gymnast's i. e. Sahil Mali, Harshal Athawale, Swarali Pahurkar, Pranjal Patil and Saloni Mhaske from Aurangabad and 17 Acrobatic gymnasts Mumbai made their place in the Indian contingent for 13th Jr. & Sr. Asian Acrobatic Gymnastics Championship.



170 gymnasts from Hong-Kong, India, Kazakhstan, Tajikistan and Uzbekistan showcased their talent across four age categories. All the participants went through rigorous qualifications on the 18th and 19th of October, performing dynamic and balance exercises to secure a spot in the finals. The grand finale, held on October 20, featured combined exercises that determined the champions and prize-winners of this prestigious Continental Championship.



Indian junior Acrobatic Gymnastics team created history by winning first ever 1 silver and 3 bronze medals and Indian senior Acrobatic Gymnastics team also had the historic win with 1 gold, 3 silver and 1 bronze medals in 13th junior Asian Acrobatic Gymnastics Championship held at Tashkent, Uzbekistan from 18- 20th October 2023.

13th Asian Acrobatic Gymnastics at Tashkent 2023 Results (Junior AG 2: 12-18 Years)

Event	Gold	Silver	Bronze
WP	Dorozhkina Mariya & Glotova Anna-KAZ	Tojiboeva Fazilat & Nurumbetova Aziza-UZB	Gowda Sonika & Acharya Vaishnavi-India
MP	Ispravnikov Vadim & Glotov Ivan-KAZ	Mali Sahil Deepak & Athawale Harshal Rahul-India	Karimov Asadbek & Ayubkhonov Said Amin-UZB
Mix Pair	Shevchenko Igor & Vassilaki Afina-KAZ	-	Majumdar Raina & Karmakar Ankrish-India
Trio	Overchenko Yelena, Zeinulla Aizhan, & Borambay Mariyam-KAZ	Kazimirova Alina, Pulatova Nargizakhon, & Umarova Zarina-UZB	Tang Chun Yee, Wong Lok Ching, & Leung Po yi-Hong Kong
Group	Azizov Said Sultan, Kotsyuba Ruslan, Sandulov Maxim, & Bakytzhanuly Batyrkhan-KAZ	Zakirov Behruzbeq, Sobirov Akbarjon, Mahmudov Zuhridin, & Murodov Muhiddinjon-UZB	Bhostekar Yadnyesh Laxman, Khannukar Samarth Amit, Uniyal Namoh Deepak, & Gosavi Ashwin Gajanan-India

13th Asian Acrobatic Gymnastics at Tashkent 2023 (Senior-Results)

Event	Gold	Silver	Bronze
WP	Kokhnovich Yelizaveta & Temirbolat Diyara-KAZ	Jagdale Rutuja Dattatray & Ekhande Priti Ramesh-India	-
MP	Dil Daniyel & Shulyar Vadim-KAZ	Hui Chun Sing & Ng Chi Chun-Hong Kong	Khasase Aditya Arun & Gosavi Akash Bhaulal-India
Mix Pair	Nasivalieva Umida & Raimov Ikromjon-UZB	Bhattad Krishna Vishal & Jain Himanshu Pravin-India	Achal Gaurav & Ashutosh Renavkar-India
Trio	Dhokale Akshata Dashrath, Patil Arna Nikhil, & Borade Sonali Chandrabhan-India	-	-
Group	Abdurahmonov Islom, Bahodirov Behruzbeq, Nematova Javokhirbek, & Turgunov Khasan-UZB	Pravin Patil, Rushikesh More, Neeraj Dwivedi, Amit Pal-India	-

Note: India's medal winning performances are shown in bold letters.

PARA: INDIA AT 4th PARA ASIAN GAMES AT HANGZHOU, CHINA 2023

After success at Asian Games 2023, India sent biggest-ever Para contingent of 309



athletes (196 men & 113 women) in 17 disciplines including five new sports i. e. Canoeing, Blind Football, Lawn Bowls, Rowing and Taekwondo in 4th Para Asian Games at Hangzhou China from 22-28 October 2023. Paralympic Committee of India (PCI) and Indian Oil Corporation limited (IOC) came



together to empower and encourage the contingent of 309 Para athletes. Shri Hardeep



Singh Puri Minister of Petroleum and natural Gas & Housing and Urban Affairs, Shri Anurag Singh Thakur



Minister of Youth Affairs & Sports and Information & Broadcasting, Shri Srikant Madhav



Vaidya Chairman IOC and senior officials of PCI graced the sendoff ceremony of Para Athletes for 4th Para Asian Games. Hangzhou will



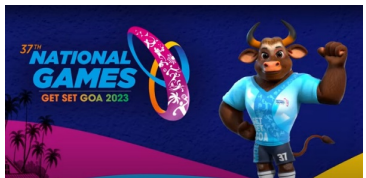
be the second Chinese city to host the 4th Para Asian Games after Guangzhou in 2010. Approximately 3800 athletes with disabilities from 45 Asian Countries competed in 22 sports for 566 Gold medals in Hangzhou, China. India created History claiming 111 medals in Hangzhou against 73 medals in Jakarta 2018.

4th PARA Asian Games Hangzhou 2023 (Country-wise Medal Tally)

Rank	Countries	Gold	Silver	Bronze	Total
1	China	214	167	140	521
2	Iran	44	46	41	131
3	Japan	42	49	59	150
4	South Korea	30	33	40	103
5	India	29	31	51	111

NG: 37th NATIONAL GAMES 2023 AT GOA

The National Games of India is an Olympic-style multi-sport event where athletes from the various states and Union Territories of India compete for medals. Services, the sports team of the Indian Armed Forces, also compete at the National Games. 7000 athletes competed in 36th National Games 2022 in 36 sports, including non-Olympic ones like Kabaddi, Kho-Kho, Lawn



Bowl, Mallakhamb, Squash, Wushu and Yogasan. 37th National Games 2023 were hosted in Goa from 25 October to 9 November 2023 in which a record number of 10500 athletes from 28 States, SSCB and 8 Union Territories in 46 sports disciplines competed to showcase their talent and to grab the medals. Goa Chief Minister Dr. Pramod Sawant unveiled the Mascot MOGA which represent Indian Bison for 37th National Games at a Mascot launching



Ceremony on 18th June 2023, the auspicious occasion of Goa Kranti Din at Dr. Shyama Prasad Mukherjee Stadium at Taleigao with its motto “Get Set Goa” and also unveiled the Jersey of the 37th National Games 2023. The Gymnastics competitions were conducted at newly built Peddem Multipurpose Indoor

Stadium Mapusa, North Goa from 23-28th October 2023. In gymnastics a total of 323 gymnasts, 151 technical officials and 70 support staff participated in MAG (55), WAG (57), Rhythmic (41) Aerobic (65), Acrobatic (65) and Trampoline (40). Gymnastics disciplines of Aerobic and Acrobatic were introduced first time in 37th National Games at Goa in addition

to regular features of Men’s Artistic Gymnastics, Women’s Artistic Gymnastics, Rhythmic Gymnastics and Trampoline Gymnastics, which was first time conducted in 36th National Games 2022 at Vadodara, Gujrat. Governor of Goa, Shri P. S. Sreedharan Pillai, officially introduced the Mashaal (Torch) to mark the commencement of the 37th National Games in esteemed presence of Dr. Pramod Sawant, the Chief Minister, Shri. Govind Gaude, the Minister for Sports & Youth Affairs, Shri. Shripad Naik, the Minister of State for Tourism, and several other distinguished guests which was organized by the Department of Sports and Youth Affairs, in collaboration with the Sports Authority of Goa, at the Durbar Hall in Raj Bhavan, Donapaula. Governor of Goa Shri PS Sreedharan Pillai also revealed the National Games’ Anthem (theme song). Several new sports such as sqay, beach football, roll ball, golf, sepak takraw, Kalaripayattu, pencak silat and Mini golf have been added in the National Games while yachting and taekwondo are making a return after their exclusion during the last edition. Traditional sports like lagori and gatka have been included as demonstration sports.

Maharashtra Amateur Gymnastics Association (MAGA) selected a contingent of 47 gymnast’s i. e. Aerobic (13), Acrobatics (13), Trampoline (8), Rhythmic (4), Men’s Artistic Gymnastics (3) and Women’s Artistic Gymnastics (6) to participate in the 37th National Games at Goa which were held in Goa’s 5 cities i. e. Mapusa, Madgoan, Panjim, Ponda and Vasco jointly hosted Cycling and golf in Delhi. Maharashtra dominated in



Women’s Artistic Gymnastics, Rhythmic Gymnastics, Trampoline Men



& Women, Acrobatic Gymnastics and Aerobic Gymnastics and topped the Medal Tally with 13 Gold, 6 Silver and 10 Bronze medals in 37th National Games. The following are results in different disciplines of gymnastics.



37th National Games at Goa 2023 (Gymnastics-MAG)

Event	Gold	Silver	Bronze
Team	SSCB-249.35	Uttar Pradesh-242.10	Haryana-240.30
AA	Yogeshwar Singh-Haryana-76.75	Siddharth Verma-UP-74.45	Gaurav Kumar-SSCB-73.95
FX	Yogeshwar Singh-Haryana-13.200	Ruben Meitei-Manipur-12.900	Siddharth Verma-UP-12.767
PH	Siddharth Verma-UP-13.300	Debang Dey-WB-12.800	Abhijeet Kumar-SSCB-12.400
RR	Swathish KP-Kerala-13.267	Tapan Mohanty-Odisha-12.900	Rakesh Kr. Patra-SSCB-12.867
Vault	Ruban Meitei-Manipur-13.217	Md. Anas-Odisha-13.033	Ujwal Naidu-Karnataka-12.984
PB	Saif Tamboli-SSCB-13.500	Tapan Mohanty-odisha-13.100	Yogeshwar Singh-HAR-13.067
HB	Yogeshwar Singh-Haryana-13.300	Saif Tamboli-SSCB-12.567	Siddharth Verma-UP-12.433

37th National Games at Goa 2023 (Gymnastics-WAG)

Event	Gold	Silver	Bronze
Team	West Bengal-175.90	Maharashtra-166.95	Uttar Pradesh-142.30
AA	Pranati Nayak-Odisha-45.60	Pranati Das-WB-43.95	Shraddha Talekar-MH-41.45
Vault	Pranati Nayak-Odisha-12.683	Protishtha Samanata-TRI-11.884	Swastika Ganguli-WB / Eshita Rewale-11.650
UB	Pranati Nayak-Odisha-11.333	Pranati Das-WB-10.833	Shraddha Talekar-MH-9.500
BB	Pranati Nayak-Odisha-11.733	Pranati Das-WB-10.867	Mallika Kulshreshtha-DEL-10.267
FX	Pranati Das-WB-11.533	Pranati Nayak-Odisha-11.400	Eshita Rewale-MH-11.100

37th National Games at Goa 2023 (Gymnastics-Rhythmic)

Event	Gold	Silver	Bronze
Team	Maharashtra-242.20	Jammu & Kashmir-189.60	Haryana-188.65
AA	Sanyukta Kale-MH-96.40	Life Adlakha-Haryana-90.05	Nishka Kale-MH-85.95
Hoop	Sanyukta Kale-MH-26.45	Nishka Kale-MH-23.45	Life Adlakha-Haryana-23.35
Ball	Sanyukta Kale-MH-25.95	Life Adlakha-Haryana-25.80	Kimaya Karle-MH-25.15
Clubs	Sanyukta Kale-MH-24.30	Life Adlakha-Haryana-23.15	Richa Chordia-MH-20.30
Ribbon	Life Adlakha-Haryana-23.70	Sanyukta Kale-MH-23.15	Richa Chordia-MH-20.15

37th National Games at Goa 2023 (Gymnastics-Trampoline)

Event	Gold	Silver	Bronze
Individual Men	Adarsh Bhoir-MH-48.37	Manu Murali-SSCB-46.70	Ayush Muley-MH-46.12
Individual Women	Rahi Pakhale-MH- 43.88	Sejal Jadhav-MH-41.20	Anvitha Sachin-Kerala-40.70

37th National Games at Goa 2023 (Gymnastics-Acrobatics)

Event	Gold	Silver	Bronze
WP	Maharashtra-68.32	West Bengal-53.93	Delhi-54.30
MP	Maharashtra-68.43	Chandigarh-63.29	Uttarakhsnd-62.71
Mix Pair	Maharashtra-68.19	Karnataka-60.46	West Bengal-58.75
Trio	Maharashtra-70.78	West Bengal-61.25	Delhi-56.36
Group	SSCB-73.28	Kerala-68.90	West Bengal-67.22

37th National Games at Goa 2023 (Gymnastics-Aerobics)

Event	Gold	Silver	Bronze
IM	Meet kosambia-Gujrat-18.90	Arya Shah-MH-18.45	Nilay Biswas-WB-16.60
IW	Ariha Pangambam-Mani-17.60	Majida Khatun-WB-17.20	Sakshi Dongre-MH-16.95
Mix Pair	Adwait/Radha-MH-16.35	Abdul Hamid/Sahina-WB-15.95	Nishant/Prakruti-Guj-15.30
Trio	Anjori, Ariha, L.Chabungbam-Manipur-17.22	Arya Shah, Smit Shah, Uday Ashok-MH-17.10	Anikate, Joney Kumar, Sandeep-SSCB-16.75
Group	Maharashtra-16.60	Jammu & Kashmir-15.65	Gujrat-14.86

Rhythmic gymnast Sanyukta Kale bagged 4 gold & 1 silver medal and Rahil Pakhale in



women's trampoline and Adarsh Bhoir in men's trampoline clinched the gold

respectively for Maharashtra to continue their domination in gymnastics. The Gymnastics Competitions at 37th National Games at Goa were superb with great efforts, organized by Mr. Kaushik Bidiwala Competition Manager, Mr. Himanshu Dave Competition Coordinator and Mr. Pravin Dhage as Technical Director and many other officials finished every event in time as per schedule. The TSR team led by Mr. Anil Mishra was prompt to deliver the every result just after the completed the events which was fully appreciable and all credit to him. Congratulations to all to make these games grand success. Maharashtra topped

the medal tally with 228 medals i. e. 80 gold, 69 silver and 79 bronze medals in the 37th National Games 2023 held at Goa after 29 years. Maharashtra last topped the **National Games medals table** back in 1994. Vice-President of India Shri Jagdeep Dhankhar given the Raja Bhalendra Singh trophy to Maharashtra for overall championship in 37th National Games 2023. Services are four-time defending National Games Champions, having 2007, 2011, 2015 and 2022, remained at 2nd place in medal tally with 126 medals i. e. 66 gold, 27 silver and 33 bronze medals, Haryana was at 3rd place with 192 medals i. e. 62 gold, 55 silver and 75 bronze medals, Madhya Pradesh at 4th place with 112 medals i. e. 37 gold, 36 silver, 39 bronze medals and Kerala was at 5th place in medal tally with 87 medals i. e. 36 gold, 24 silver and 27 bronze medals in 37th National Games held at Goa in 2023. Olympic Swimmer Srihari Nataraj from Karnataka (eight gold, one silver and a bronze) was adjudged the best male athlete while Maharashtra gymnasts Sanyukta Prasen Kale and Odisha gymnast Pranati Nayak (four golds and one silver each) were adjudged the joint-best female athletes of the 37th National Games at Goa.



NG: PM INAUGURATED 37th NATIONAL GAMES 2023 AT JN STADIUM, GOA

Prime Minister Narendra Modi inaugurated the 37th edition of the National Games on 26.10.2023 at the Jawaharlal Nehru Stadium at Fatorda in South Goa first time in the history of Goa. The PM was felicitated by Goa Chief Minister Pramod Sawant with a Kunbi Shawl, a symbol of the State's Culture and identity in presence of



Youth Affairs and Sports Minister Anurag Singh Thakur, Goa Sports Minister Govind Gaude, Minister of State for Tourism Shripad Naik, IOA President P. T. Usha and many more dignitaries. There is no shortage of talent in India's streets and villages. Our history is replete



with stories of small towns that have given birth to the champions. The PM in his address recalled the strides made by the country in promoting sports and an ecosystem for sports under the centrally



sponsored schemes which were neglected earlier. Sports success is linked to India's overall success and these two are not disconnected. Prime Minister also expressed India's desire to host the Youth Olympic Games in 2030 and the Olympic Games in 2036 during IOC Session held at Mumbai from 15-17th October 2023.

GYM: CBSE NATIONAL GYMNASTICS CHAMPIONSHIPS AT AHMEDNAGAR 2023-24

Central Board of Secondary Education organized the 7th CBSE Artistic and Rhythmic Gymnastics National Championship 2023-24 at Ahmednagar Maharashtra from 2nd to 5th of November 2023. National Championship was held in 4 categories i.



e. Under 11 years, Under 14 years, Under 17 years and Under 19 years for both boys and girls which was well conducted by Competition Director Mr.



Pravin Dhage FIG International Judge. More than 1200 boys and girls in different age groups from CBSE Schools across the country participated.

Boys Under 11 Years

Event	Gold	Silver	Bronze
AA	Kush-KPS Prayagraj-45.75	Anubhav Singh-KPS Prayagraj-43.97	Manthan Singh-BBPS New Delhi

Boys Under 14 Years

Event	Gold	Silver	Bronze
Team	Khelgaon P School Prayagraj-181.20	DAV Public School Thane-155.05	Gayatri Public School Agra-71.25
AA	Nishad Narawane-Walnut - 70.45	Utkarsh Bokaria-Auro Bengaluru-63.20	Devansh Gautam-KPS Prayagraj-63.10

Boys Under 17 Years

Event	Gold	Silver	Bronze
Team	Khelgaon P School Prayagraj-183.80	MGM Bhilai-115.05	Chinar Public School-84.90
AA			

Boys Under 19 Years

Event	Gold	Silver	Bronze
Team	Khelgaon P School Prayagraj-123.30	Gayatri Public School Agra-36.15	Sacred Heart Bareilly-30.30
AA	Gopal Kaka-KPS Prayagraj-62.95	Mukul Yadav-KPS Prayagraj-60.35	Hawaib Debang-Alph Manipur-35.25

Girls Under 11 Years

Event	Gold	Silver	Bronze
AA	Navya Rai-IAK Bengaluru-39.80	Suniksha Dutta-BVM Kolkata-39.70	Tanishka D-MTB Bengaluru-37.40

Girls Under 14 Years

Event	Gold	Silver	Bronze
Team	St. Marry Ajmer-81.00	ITI International Pune-76.60	Manav Rachana Faridabad-48.20
AA	Ritisha-Millennium Pune-42.90	Avantika-Udgam Ahmedabad-40.90	Ruthu-SRI MCSV Dharwad-38.75

Girls Under 17 Years

Event	Gold	Silver	Bronze
Team	St. Marry Ajmer-66.60	Chinar Public School Alwar-46.80	Gayatri Public School Agra-17.30
AA	Not Available	Not Available	Not Available

Girls Under 19 Years

Event	Gold	Silver	Bronze
Team	Chinar Public School Alwar-25.85	Rainbow Int. School Kangra-16.80	St. Marry Ajmer-10.85
AA	Amani Dilshad-HabitatUAE-39.55	Pranjali-Rajhans Mumbai-31.90	Divyanshi-Bharti P School-30.15

NG: CHIEF MINISTER ODISHA HONOURED PRANATI NAYAK

Honourable Chief Minister of Odisha Shri Naveen Patnaik congratulated Odisha gymnast



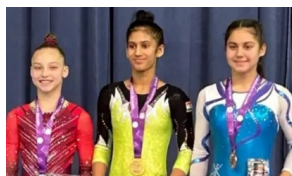
Pranati Nayak and her Coach Mr. Ashok Kumar Mishra for the outstanding performance at 37th National Games Goa 2023 and Presented a cash award of Rs. 23 Lakh. Pranati Nayak continued her domination and brilliant form with superb



performances which brings her haul to a total of 4 gold medals in All-around Championship, Vault, Beam, Uneven Bars and a silver medal in Floor Exercises at 37th National Games 2023, a testament to Odisha's rapidly growing prowess in the sport of Gymnastics.

ART: NISHKA SHINES AT TASHKENT IN INTERNATIONAL GYMNASTICS TASHKENT

Nishka Agarwal from Hyderabad (Telangana), represented India in the Junior Category,



secured two prestigious international medals at the Artistic Gymnastics International Tournament held in Tashkent, Uzbekistan, from 20 - 25th November 2023 with her remarkable



display of skill and grace. About 100 gymnasts from 7 countries participated in International Tournament at Tashkent. She clinched Gold medal in Table Vault and demonstrated her skills again to secure Bronze medal in Floor Exercises. The Artistic Gymnastics International Tournament at Tashkent served as a platform for gymnasts to showcase their talent and foster international camaraderie in the realm of gymnastics.

NG 2023: MAHARASHTRA TOPS MEDAL TALLY FOR FIRST TIME SINCE 1994

Maharashtra topped the medal tally with 228 medals, including 80 gold, to emerge overall



champions at the 37th National Games 2023 in Goa and lift the Raja Bhalindra Singh Rolling Trophy



which is given to the team that wins the most number of gold medals at the National

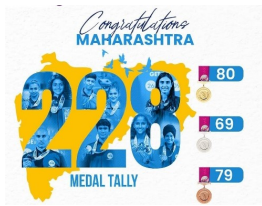
Games. Maharashtra last topped the National Games medal table way back in 28th National Games at Pune in 1994. Maharashtra was crowned as the overall champions with its spectacular achievement and received the Raja Bhalindra Singh Ever-Rolling Trophy from the Hon'ble Vice President of India. The Games officially inaugurated by Honourable Prime Minister Shri Narendra Modi on October 26 at the Jawaharlal Nehru Stadium in



Panaji. However, badminton, weightlifting, gymnastics and some of the other disciplines started before October 26. Goa hosted the event for the first time in its history. The 37th National Games in Goa came to a glittering end, with the closing ceremony held in the august presence of the Hon'ble Vice President of India, Shri. Jagdeep Dhankar, at the Dr. Shyama Prasad Mukherjee Indoor stadium on 9th



November 2023. The Indian Olympic Association (IOA) flag was then passed on to Uttarakhand, who will host the 38th National Games. Smt. Rekha Arya, Minister of Sports, Government of Uttarakhand, received the flag on behalf of the state.



Sqay martial arts, rollball, sepaktakraw, kalaripayattu, pencak silat and mini golf were added to the National Games sports programme in 2023. Yachting and taekwondo, excluded in Gujarat 2022, were back in Goa. Olympic swimmer from Karnataka Srihari Nataraj (eight gold, one silver and a bronze) was adjudged the best male athlete. He was handed the trophy by IOA President Dr. P.T. Usha. Maharashtra gymnast Sanyukta Prasen Kale and Odisha gymnast Pranati Nayak were adjudged the joint-best female athletes of the 37th National Games and they received the trophy from the Hon'ble Chief Minister of Goa. Both gymnasts won four gold and one silver each to win the coveted award.

ART/RG/ACRO: MH STATE SCHOOL GYMNASTICS CHAMPIONSHIP 2023-2024

Zillah Krida Parishad, Pune and Zillah Krida Adhikari Karyalaya organized Maharashtra State



School Gymnastics Championship in Artistic, Rhythmic and Acrobatic Gymnastics for the age groups of U/14, U/17 and U/19 years (Boys & Girls) under the aegis of



Directorate of Maharashtra Sports & Youth Services Pune at Balewadi Sports Complex Pune from 26-29th November 2023. Gymnasts from 8 division's i. e. Amravati, Nagpur, Kolhapur, Latur, Mumbai, Pune, Nashik, Aurangabad and Krida Prabodhini took part in the above Maharashtra State School

Championships. Mr. Sanjay Shete President MAGA hosted the flag to start the State School Championship in presence of Prof. Dr. Makarand Joshi Secretary MAGA, Mr. Pravin Dhage Competition Director, Mr. Yogesh Shirke Competition Manger, Mr. Mahadev Kasgawade District Sports Officer Pune, Mr. R. L. Verma FIG International Judge and Mr. Mahendra Babhulkar. Boys U/14 & U/17, Girls U/14 in Artistic Gymnastics competitions and Girls U/14 & Girls U/17 in Rhythmic Gymnastics were held on 26th November 2023 while Boys U/19, Girls U/17 & U/19 in Artistic and Girls U/19 in Rhythmic Gymnastics were held on 27th November 2023. Acrobatic Gymnastics U/19 years (Boys & Girls) was held on 28th November 2023. Selected boys & girls in all categories in Artistic, Rhythmic and Acrobatic Gymnastics will represent Maharashtra State School in 67th SGFI National School Gymnastics Championship to be held at New Delhi from 15-23rd December 2023. Approximately 174 boys, and 108 girls in Artistic Gymnastics, 95 gymnasts in Acrobatic Gymnastics, 30 in U-17 and 19 in U-19 years in Rhythmic Gymnastics participated in all the age group categories.

Boys U/14 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Mumbai-396.35	Aurangabad-272.50	Pune-232.70
AA	Shreeyash Patil-Mumbai-77.35	Nishad Naravane-Pune-74.55	Soham Atre-Mumbai-67.45
FX	Shreeyash Patil-Mumbai-14.35	Nishad Naravane-Pune-12.80	Soham Atre-Mumbai-12.80
PH	Shreeyash Patil-Mumbai-12.20	Jeet Chavan-Mumbai-11.40	Swarom Adne - Aurangab-11.10
RR	Nishad Naravane-Pune-13.35	Shreeyash Patil-Mumbai-12.75	Soham Atre-Mumbai-11.45
Vault	Nishad Naravane-Pune-12.18	Soham Atre-Mumbai-11.38	Shreeyash Patil-Mumbai-11.35
PB	Shreeyash Patil-Mumbai-13.30	Prasad Salap-Mumbai-12.45	Nishad Naravane-Pune-12.40
HB	Nishad Naravane-Pune-12.15	Soham Atre-Mumbai-12.00	Shreeyash Patil-Mumbai-11.85

Boys U/17 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Mumbai-386.20	Pune-349.45	Nashik-249.80
AA	Jash Parikh-Mumbai-67.50	Kaustubh Ahire-Pune-66.60	Ayush Dalavi-Nashik-66.30
FX	Jash Parikh-Mumbai-11.90	Mayuresh Vartak-Mumbai-11.60	Ayush Dalavi-Nashik-11.60
PH	Kaustubh Ahire-Pune-11.55	Neel Kale-Mumbai-10.90	Mayuresh Var-Mumbai-10.55
RR	Kaustubh Ahire-Pune-11.00	Neel Kale-Mumbai-10.90	Jash Parikh-Mumbai-10.85
Vault	Anay Kirloskar-Pune-12.55	Mayuresh Vartak-Mumbai-12.10	Kaustubh Ahire-Pune-11.95
PB	Anay Kirloskar-Pune-11.85	Mayuresh Vartak-Mumbai-11.65	Jash Parikh-Mumbai-11.60
HB	Kaustubh Ahire-Pune-11.35	Anay Kirloskar-Pune-11.05	Jash Parikh-Mumbai-11.00

Boys U/19 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Mumbai-276.80	Pune-227.25	Nashik-209.05
AA	Aryan Davande-Mumbai-73.65	Siddhant Konde-Pune-72.40	Soham Patil-KP-66.80
FX	Aryan Davande-Mumbai-13.00	Soham Patil-KP-12.40	Siddhant Konde-Pune-11.70
PH	Siddhant Konde-Pune-11.60	Aryan Davande-Mumbai-11.55	Durgesh Nikumbh-Mum-11.35
RR	Siddhant Konde-Pune-12.55	Aryan Davande-Mumbai-11.95	Soham Patil-KP-11.10
Vault	Aryan Davande-Mumbai-12.18	Siddhant Konde-Pune-11.38	Soham Patil-KP-11.35
PB	Aryan Davande-Mumbai-12.35	Siddhant Konde-Pune-12.20	Durgesh Nikumbh-Mum-11.55
HB	Siddhant Konde-Pune-12.05	Aryan Davande-Mumbai-11.55	Rudra haphekar-Mumbai-10.90

Girls U/14 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Mumbai-246.95	Aurangabad-141.75	Pune-137.35
AA	Sakshi Dalavi-Mumbai-47.60	Avanti Bhavne-Mumbai-43.40	Anushka Gonjari-Aug-42.05
Vault	Sakshi Dalavi-Mumbai-12.55	Riddhi Jatti-Aurangabad-12.10	Anushka Gonjari-Aug-11.95
UB	Riddhi Jatti-Aurangabad-10.35	Ritisha Inamdar-Pune-11.80	Sakshi Dalavi-Mumbai-9.70
BB	Sakshi Dalavi-Mumbai-13.55	Ritisha Inamdar-Pune-9.85	Avanti Bhavne-Mumbai-11.25
FX	Sakshi Dalavi-Mumbai-12.55	Avanti Bhavne-Mumbai-12.15	Anushka Gonjari-Aug-11.90

Girls U/17 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Mumbai-218.20	Aurangabad-216.60	Pune-137.35202.50
AA	Anoushka Patil-Mumbai-41.00	Sara Rawool-Mumbai-40.30	Suhani Adne-Aurangabad-39.45
Vault	Devyani Kolte-Aurangabad-11.78	Sara Rawool-Mumbai-11.65	Shatakshi Takke-Pune-11.55
UB	Anoushka Patil-Mumbai-9.25	Sara Rawool-Mumbai-9.00	Suhani Adne-Aurangabad-8.40
BB	Sara Rawool-Mumbai-11.45	Suhani Adne-Aurangabad-10.60	Devyani Kolte-Aurangabad-10.40
FX	Anoushka Patil-Mumbai-10.10	Shatakshi Takke-Pune-9.60	Devyani Kolte-Aurangabad-9.30

Girls U/19 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Mumbai-141.00	Kolhapur-58.70	Amravati-57.95
AA	Srushti-Mumbai-39.45	Yashika Poojari-KP-36.75	Krishna Bhattad-Amravati-35.60
Vault	Srushti-Mumbai-11.05	Krishna Bhattad-Amravati-10.88	Mauli Bahi-Mumbai-9.15
UB	Yashika Poojari-KP-7.85	Srushti-Mumbai-7.80	Mauli Bahi-Mumbai-7.10
BB	Srushti-Mumbai-10.50	Krishna Bhattad-Amravati-9.60	Mauli Bahi-Mumbai-9.25
FX	Srushti-Mumbai-9.45	Krishna Bhattad-Amravati-9.20	Yashika Poojari-KP-8.95

Girls U/14 Years (Rhythmic Gymnastics)

Event	Gold	Silver	Bronze
Team		Not Available	
AA			
Hoop			
Ball			
Clubs			
Ribbon			

Girls U/17 Years (Rhythmic Gymnastics)

Event	Gold	Silver	Bronze
Team		Not Available	
AA			
Hoop			
Ball			
Clubs			
Ribbon			

Girls U/19 Years (Rhythmic Gymnastics)

Event	Gold	Silver	Bronze
Team			
AA	Sanyukta Kale-Mumbai-106.95	Sharyu Patil-Mumbai-72.75	Tanisha Chopda-Pune-67.00
Hoop	Sanyukta Kale-Mumbai-26.60	Dharmi Satra-mumbai-20.65	Tanisha Chopda-Pune-17.55
Ball	Sanyukta Kale-Mumbai-26.40	Sneha Mahajan-Mumbai-19.40	Tanisha Chopda-Pune-17.55
Clubs	Sanyukta Kale-Mumbai-28.05	Sharyu Patil-Mumbai-18.50	Tanisha Chopda-Pune-17.55
Ribbon	Sanyukta Kale-Mumbai-25.90	Dharmi Satra-mumbai-17.35	Tanisha Chopda-Pune-14.35

Boys & Girls U/19 Years (Acrobatic Gymnastics)

Event	Gold	Silver	Bronze
WP	Khanak Jain / Avani Rathod-Nagpur-22.95	Tanishka Yedage / Sondarya Umare-Kolhapur-21.68	Nabh Deshmukh / Diya G-Amravati-21.19
MP	Sahil Mali / Parth Ramsherwad-Aurangabad-23.83	Tanay Dhopade / Aditya patil-Nagpur-22.89	Dikshant Sashane / Atharv Gharge-Mumbai-22.59
MXP	Bhumika Bhambre / Aditya Dighe-Mumbai-24.58	Aditi Harge / Aryan Harge-Kolhapur-23.10	Eshika Sakharkar / Lakshya Kakade-Amravati-23.00
Trio	Swarali / Pranjal / Saloni-Aurangabad-24.03	Mrinal / Nismita / Vishakha-Mumbai-23.66	Navya Pandey / Supriya Borkar / Pornima-Amravati-21.31
Group	Ashwin / Naman / Yagyesh /Atharv-Mumbai-24.80	Niranajan / Varad / Abhishek / Yash Patil-Kolhapur-24.30	Prajwal / Aniya Singh / Digvijay / Anand Salve-Aurangabad-22.40

KIYG: 6th KHLO INDIA YOUTH GAMES 2024 IN TAMILNADU

The sixth edition of the flagship event under the government of India's **Khelo India** initiative, which promotes sports at the grassroots levels in the country. The 6th **Khelo India Youth Games 2024** will be held across four cities of Tamilnadu i. e. Chennai, Coimbatore, Madurai and Trichy in the age group of under-18 year's category from 19-31st January 2024. Over 5,000 athletes (born on 1.1.2005 or after) from all over the country participate in the Olympic, non-Olympic as well as indigenous games at **KIYG 2024**. Silambam — a form of Indian martial arts has been included in the programme for KIYG 2024 as a demo sport. The Khelo India Youth Games operates in the format of a team championship, wherein the medals earned by individual athletes or teams contribute to the overall medals tally of their respective State or Union Territory (UT). Upon the event's conclusion, the State or UT securing the highest count of gold medals is declared the winner.

KIPG: FIRST KHELO INDIA PARA GAMES 2023 AT NEW DELHI

The **Inaugural 2023 Khelo India Para Games** were held in New Delhi from 10 to 17

December 2023 across 3 SAI stadiums – JN Stadium, Dr. Karni Singh Shooting Range, and Indira Gandhi Stadium. Over 1450 para athletes across 32 states and union territories including Services Sports Control Board participated in the maiden Khelo India Para Games 2023 which witnessed para athletes vie for honours in 7 disciplines including para athletics, para shooting, para archery, para football, para badminton, para table tennis and para weight lifting. First-ever Khelo India Para Games 2023 logo and mascot Ujjwala was launched in New Delhi on 26TH November 2023 by Shri Anurag Singh Thakur, Union Minister of Youth



Affairs and Sports and several eminent athletes and para athletes. Ujjwala- a sparrow, was unveiled as the official mascot of



Khelo India – Para Games 2023. The little sparrow is a symbol of the pride



of Delhi and its uniqueness portrays determination and empathy. Ujjwala, as the mascot of Khelo India Para Games 2023, is a reminder that strength comes in many forms and the human spirit is unbreakable. Among the attendees, former Indian Women's Hockey Team Captain Rani Rampal, Indian freestyle wrestler and

Olympian bronze medallist, Yogeshwar Dutt, Indian professional wrestler Sarita MOR along with Indian professional boxer Akhil Kumar were present. The presence of star para athletes like Pramod Bhagat, Bhavina Patel, Avani Lekhara, Sumit Antil added to the special occasion. The first Khelo India Para Games 2023 wrapped up in New Delhi on December 17 with Haryana winning the inaugural title by securing 105 medals: 40 gold, 39 silver and 26 bronze.

Uttar Pradesh came second with 62 medals: 25 gold, 23 silver and 14 bronze medals while Tamilnadu finished third with 42 medals: 20 gold, 8 silver and 14 bronze medals.

ACRO: FIG ACADEMY LEVEL-I IN ACROBATIC GYMNASTICS AT HONG KONG 2023

The Gymnastics Association of Hong Kong (China) under the aegis of Federation De



Internationale Gymnastique conducted FIG Academy Level-I in Acrobatic Gymnastics at Kowloon, Hong Kong from 3-7th



December 2023 in which 10 gymnastics coaches from different countries participated. Prachi Parkhi and Ayushi Ghdeswar both from Maharashtra, India also took part in the FIG Level-I in Acrobatic Gymnastics. Mr. Jorge Me La and Marco Pale were the FIG Experts in FIG Level-I Acrobatic Gymnastics Course at Hong Kong.

TRAMPOLINE: FIG ACADEMY LEVEL-II IN TRAMPOLINE AT HONG KONG 2023

The Gymnastics Association of Hong Kong (China) under the aegis of Federation De



Internationale Gymnastique conducted FIG Academy Level-II in Trampoline Gymnastics at Kowloon, Hong Kong from 3-7th December 2023. Mr. Deepak Kabra, Mr. Pravin Dhage, Dr.

Ranjit Pawar, Mr. Pawan Bhoir (Maharashtra) and Mr. Siva Subramanian Selvamurthi



(Tamilnadu), India participated in the above mentioned Trampoline Academy. Mr. Christophe, Mr. Michael, Mr. Jorge, and Mr. Marco were the FIG experts in the FIG Academy Level-II in Trampoline Gymnastics at Kowloon, Hong Kong who shared their professional experiences with the 18 men and

women gymnastics coaches from Hong Kong, India, Islamic Republic of Iran, Kazakhstan,



Philippines, Poland, and United States of America. Mr. Deepak Kabra, Mr. Pravin Dhage, Dr. Ranjit Pawar, Mr. Pawan Bhoir (Maharashtra) and Mr. Siva Subramanian Selvamurthi (Tamilnadu) from India successfully completed FIG Academy Level-II in Trampoline

Gymnastics at Kowloon, Hong Kong.

ART: FIG ACADEMY LEVEL-III IN MAG & WAG AT DOHA (QATAR) 2023

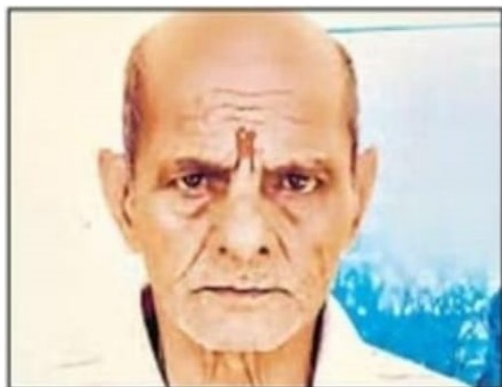
The Qatar Gymnastics Federation under the aegis of Federation De Internationale Gymnastique conducted FIG Academy Level-III in Men's Artistic Gymnastics and Women's Artistic Gymnastics at Doha (Qatar) from 3-10th December 2023 in which total 17 gymnastics coaches in MAG and 11 in WAG from India, Malaysia, Singapore, Pakistan, South Korea, USA and Saudi



Arabia. Ms. Bhakti Tewari, (Maharashtra), Ms. Anuradha KN (Karnataka), Mr. Mohsin Khan (Rajasthan), in WAG, Mr. Ajit Jarande (Maharashtra), Mr. Ramesh Chethan Mane (Karnataka), Mr. CK Sandeepan (SSB) in MAG from India participated in the above FIG Academy in MAG & WAG Level-III Gymnastics Course at Doha (Qatar). Olga Kyselovicova, Andrei Levit, Eric Boucharin, Joanne Richards and Stacey Umeh were the FIG Experts in MAG and WAG in above courses.

ART: 1964 OLYMPIAN GYMNAST TRILOK SINGH PANU IS NO MORE

Shri Trilok Singh Pane who represented India in Gymnastics in 1964 Olympic Games at



Tokyo (Japan) has left for his heavenly abode on 3rd December 2023 at the age of 91 years after a prolonged sickness. He was cremated at Chitrashila Ghat in Kathgodam (UP). He was from Pithoragargh but settled in a small village Govindpur PO: Gularbhog District: Udham Singh Nagar since 1970. He joined Indian Army in 1948 at the age of 15 years. Shri Trilok Singh represented SSB in Senior National Gymnastics Championships from 1958-1966 and won 3 gold medals in Table Vault continuously in 1959, 1961

& 1963 different championships and also represented SSCB in XXI National Games at Mumbai in 1964. He successfully completed the 1st NIS Adhoc Course in Gymnastics under foreign experts at National Institute of Sports Patiala in 1961 along with other renowned gymnasts of 1960's i. e. Mr. V. B. Pillai, Mr. Sham Lal Khullar, Mr. Anant Ram, Mr. M. D. Gurjar, Mr. Ram Dutt, Mr. Gandamal Sharma, Mr. Waryam Singh, Mr. Debashish Mondal, Mr. Dalip Singh, Mr. Chanchal Singh, Massa Singh and Mr. Pritam Singh. He was honoured with Services Colour by SSCB and Government of India decorated him with the Sena Medal for his dedicated services to the country. He shared his rich gymnastics coaching experiences with gymnasts of the Sainik School Ghodakahal Nainital Uttar Pradesh after retirement in 1968. President and members of MAGA pay their deepest condolences to the departed soul.

MAGA: JUDGES COURSE IN AEROBIC & ACROBATIC AT CHANDRAPUR 2023

Chandrapur District Amateur Gymnastics Association under the aegis of Maharashtra



Amateur Gymnastics Association (MAGA) conducted a state level judge's course in Aerobic and Acrobatic Gymnastics at indoor hall,

Nilkanthrao Shinde Science & Arts College Bhadravati, Chandrapur from 15-17th December 2023 which was the first judge's course in the

Chandrapur Sports History. The judge's course in Aerobic & Acrobatic Gymnastics was attended by more than 30 men and women. The course was taken by MAGA Experts and FIG International Judges Mr. Ameya Joshi, Dr. Sanjay Hirode, Km. Sonali Borde and Mr. Rahul Shriramwar. This course was organized and conducted successfully by organizing committee consist of Mr. Ashutosh Gayanewar (President), Mr. Nilesh



Gundawar (Chairman), Advocate



Rajratna Pathade (Vice-president), Mr. Valmik Khobragade (Vice-president), Prof. Dushyant Nagrale (Vice-president) and Prof. Dr. Vishal N. Shinde (Director, Nilkanthrao Shinde Science & Arts College Bhadravati) under the guidance of Mr. Durgraj N. Ramteke Secretary Chandrapur District Amateur Gymnastics Association.

SGFI: 67TH NATIONAL SCHOOL GYMNASTICS CHAMPIONSHIP NEW DELHI 2023

Maharashtra State School's Gymnastics Contingent of 67 gymnasts (boys & girls) of the



age group of U/14 years, U/17 years and U/19 years participated in Men's Artistic Gymnastics, Women's Artistic Gymnastics, Rhythmic Gymnastics and Acrobatic Gymnastics in 67th National School Gymnastics Championship at IG Indoor Stadium New Delhi from 15-23rd December 2023 along with their 6 coaches i. e.

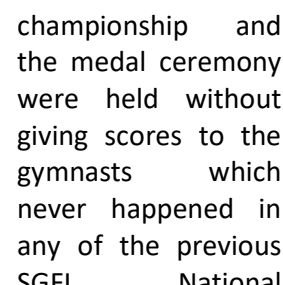
Mr. Mahendra Babhulkar, Ms. Tanuja Gadawe, Mr. Yogesh Shirke, Mr. Sanjay More, Mr. Ravi Shirke, Ms. Pinki Deb and 3 managers i. e. Mr. Sachin Mandavkar, Mr. Sanjog Dhole. Dr. G. S. Bawa was the Competition Director while Dr. R. K. Pathania



was the Technical Director. The meritorious boys and girls under 17 years will also be selected from this championship who will take part in the 6th Khelo India Youth Games to be held in Chennai from 19th January



2024. This was the first time that no gymnast was given their scores till the end of the championship and the medal ceremony were held without giving scores to the gymnasts which never happened in any of the previous SGFI National Championships.



Boys U/14 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Maharashtra-337.50	CBSE-335.70	West Bengal-329.17
AA	Md. Zaid Ansari-CBSE-74.65	Shreyash Patil-MH-74.40	Nishad Naravane-MH-71.95
FX	Yatharth esharwani-CBSE-14.40	Shreyash Patil-MH-12.85	Sohan Haque-WB-12.45
PH	Md. Zaid Ansari-CBSE-11.80	Shreyash Patil-MH-11.25	Harsh Chawariya-Raj-11.25
RR	Md. Zaid Ansari-CBSE-14.10	Nishad Naravane-MH-13.15	Shreyash Patil-MH-12.70
Vault	Aaroh Sharma-Delhi-12.50	Sagar Sarkar-TRI-12.40	T. Yoihenba Meitei-Mani-12.325
PB	Md. Zaid Ansari-CBSE-13.10	Shreyash Patil-MH-12.75	Aaroh Sharma-Delhi-12.60
HB	Shreyash Patil-MH-12.25	Md. Zaid Ansari-CBSE-12.25	Ankan Das-WB-12.00

Boys U/17 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Delhi-340.31	West Bengal-331.51	CBSE-314.17
AA	Niladri Sarkar-WB-70.45	SK. Nabhigh Ali-Delhi-69.80	Akshat Bajaj-Delhi-68.39
FX	Umber Saha-Delhi-12.10	Niladri Sarkar-WB-11.95	Pulkit Prajapat-Raj-11.90
PH	Soham Majumdar-WB-12.125	Niladri Sarkar-WB-10.80	SK. Nabhigh Ali-Delhi-10.325
RR	Jatin Kushwah-CBSE-12.25	Harschit D-CBSE-11.45	Soham Majumdar-WB-11.40
Vault	Pulkit Prajapat-Raj-12.475	Soham Majumdar-WB-12.262	Harschit D-CBSE-12.00
PB	Harschit D-CBSE-11.90	Pramanshu Bera-WB-11.65	Ayush Dalavi-MH-11.50
HB	Soham Majumdar-WB-11.45	SK. Nabhigh Ali-Delhi-11.20	Harschit D-CBSE-11.20

Boys U/19 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Maharashtra-328.80	West Bengal-294.25	Delhi-282.60
AA	Rajveer-Delhi-73.45	Aryan Davande-MH-70.60	Siddhant Konde-MH-11.65
FX	Aryan Davande-MH-12.35	Siddhant Konde-MH-11.85	Hitesh Goswami-Raj-11.65

PH	Midhun V Nair-Kerala-11.80	Rajveer-Delhi-11.50	Ashish Puri-Haryana-11.20
RR	Rajveer-Delhi-11.80	Siddhant Konde-MH-11.70	Aryan Davande-MH-11.50
Vault	Rajveer-Delhi-13.225	Aryan Davande-MH-13.175	Siddhant Konde-MH-13.150
PB	Rajveer-Delhi-12.30	Siddhant Konde-MH-11.65	Krish Gupta-MP-11.40
HB	Rajveer-Delhi-11.25	Siddhant Konde-MH-11.15	Aryan Davande-MH-10.65

Girls U/14 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Maharashtra-210.55	West Bengal-204.95	CBSE-195.76
AA	Shreeparna Debnath-Tri-45.45	Negi Avantika-Gujrat-44.90	Anouska Patil-MH-43.35
Vault	Sakshi Dalavi-MH-10.925	Riya M-CBSE-10.60	Avanti Bhavde-MH-10.325
UB	Negi Avantika-Gujrat-10.90	Pahel Shah IBSSO-10.65	Lavanya Attari-Delhi-10.20
BB	Shreeparna Debnath-Tri-12.55	Negi Avantika-Gujrat-12.25	Gracemi Pan-Mani-11.95
FX	K. Lanchenmelurongmei-Mani-12.40	Gracemi Pan-Mani-12.05	Lavanya Attari-Delhi-11.25

Girls U/17 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Maharashtra-189.50	West Bengal-186.10	Delhi-182.80
AA	Sneha Tariyal-Delhi-42.90	Nishka Agarwal-Telangana-42.80	Soumili Karar-WB-41.00
Vault	Nishka Agarwal-Telangana-11.90	Anoushka Patil-MH-10.67	Soumili Karar-WB-10.42
UB	Soumili Karar-WB-8.45	Nishka Agarwal-Telangana-8.40	Sara Rawool-MH-8.40
BB	Jinia Debnath-WB-11.20	Krishna Vinal Jatin Shah-CBSE-10.70	Anoushka Patil-MH-10.70
FX	Nishka Agarwal-Telangana-11.35	Soumili Karar-WB-10.95	Thakore Diya-Gujrat-10.55

Girls U/19 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Delhi-188.10	West Bengal-175.05	Maharashtra-157.15
AA	Charu Rawat-Delhi-40.55	Anushka Jana-WB-39.55	Udita Parmar-Delhi-38.75
Vault	Anushka Jana-WB-11.65	Mehrin Saj-Kerala-10.375	Tannu-UP-10.375
UB	Tannu-UP-8.55	Piyasa Kundu-WB-8.25	Udita Parmar-Delhi-8.15
BB	Anushka Jana-WB-11.15	Udita Parmar-Delhi-10.35	Tannu-UP-10.45
FX	Mehrin Saj-Kerala-11.10	Anushka Jana-WB-11.10	Riya Sharma-Delhi-10.90

Girls U/14 Years (Rhythmic Gymnastics)

Event	Gold	Silver	Bronze
Team	Maharashtra-164.70	Delhi-156.55	CISCE-138.35
AA	Virtee Shah-MH-52.50	Ritika Ingalgaonkar-CBSE-52.45	Siya Rathee-Delhi-50.55
Hoop	Ritika Ingalgaonkar-CBSE-18.40	Virtee Shah-MH-17.60	Siya Rathee-Delhi-16.95
Ball	Siya Rathee-Delhi-18.95	Saidnya Shinde-MH-17.05	Shamika Joshi-MH-16.70
Clubs	Ritika Ingalgaonkar-CBSE-18.50	Virtee Shah-MH-18.35	Swarangi Narvekar-CISCE
Ribbon	Saidnya Shinde-MH-16.20	Zaniah-Delhi-16.15	Sia Prakash-ISSO-15.30

Girls U/17 Years (Rhythmic Gymnastics)

Event	Gold	Silver	Bronze
Team	Maharashtra-195.10	Delhi-183.85	CISCE-178.35
AA	Parina Madanpotra-CISCE-63.30	Kimaya Kale-MH-62.60	Raechal Deep-Delhi-62.30
Hoop	Kimaya Kale-MH-23.45	Muskan Rana-J & K-23.10	Parina Madanpotra-CISCE-22.85
Ball	Kimaya Kale-MH-23.35	Muskan Rana-J & K-22.40	Upasha-Assam-22.20
Clubs	Raechal Deep-Delhi-23.00	Parina Madanpotra-CISCE-23.00	Muskan Rana-J & K-21.90
Ribbon	Muskan Rana-J & K-20.10	Raechal Deep-Delhi-19.90	Manasivini-Punjab-19.85

Girls U/19 Years (Rhythmic Gymnastics)

Event	Gold	Silver	Bronze
Team	Maharashtra-196.35	Haryana-181.45	Delhi-156.45
AA	Sanyukta Kale-MH-72.20	Life Adlakh-Haryana-66.90	Shruti Singh-Delhi-56.30
Hoop	Sanyukta Kale-MH-23.00	Life Adlakh-Haryana-22.00	Shruti Singh-Delhi-19.05
Ball	Sanyukta Kale-MH-24.05	Shruti Singh-Delhi-19.30	Sharayu Patil-MH-19.25

Clubs	Life Adlakha-Haryana-21.95	Sanyukta Kale-MH-21.85	Dhruvi Chaudhary-Har-17.95
Ribbon	Life Adlakha-Haryana-21.80	Sanyukta Kale-MH-21.55	Shruti Singh-Delhi-16.30

Boys & Girls U/19 Years (Acrobatic Gymnastics)

Event	Gold	Silver	Bronze
WP	Delhi-21.84	West Bengal-19.88	Haryana-18.00
MP	Maharashtra-21.68	Delhi-20.18	West Bengal-20.12
MXP	West Bengal-23.89	Maharashtra-23.18	Haryana-20.26
Trio	Maharashtra-22.75	Delhi-21.00	Haryana-20.94
Group	West Bengal-19.75	Haryana-17.16	Delhi-16.45
Team	West Bengal-34.00	Maharashtra-34.00	Delhi-33.00

ART: 57TH MINI & SUB-JUNIOR MAHARASHTRA STATE CHAMPIONSHIP 2023-24

57th Maharashtra State Artistic Gymnastics Championship was organized by Shri



Vithalrao Joshi Charities Trust's Sports Academy under the aegis of Maharashtra Amateur Gymnastics Association (MAGA) at Dervan District Ratnagiri from 24-26th December 2023 for the age groups of U/10, U/12, U/14 years for boys and U/10, U/12 years for girls. Approximately 290 boys & girls from Thane, Mumbai City, Pune, SAI, Mumbai Suburban, Palghar, Raigarh, Nagpur, Amravati, Aurangabad, Latur, PCMC, Kolhapur, Buldana, Ratnagiri, and Jalna participated in the captioned championship at Dervan. Mr. Sanjay Shete President MAGA and Prof. Dr. Makarand Joshi Secretary MAGA congratulated all the winners and also congratulated the SVJCT Sports Academy for the successful conduct of the championship. The following are the results of the championship.

Boys U/10 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Mumbai City-124.70	Mumbai Suburban-120.70	Thane-119.65
AA	Garv Vaidya-Mumbai City-32.00	Yash Pancchal-M. Sub-31.45	Aaradhya Khedekar-M. City-31.45
FX	Garv Vaidya-Mumbai City-16.00	Aaradhya Khedekar-M. City-15.70	Parag Shedkar-Thane-15.40
Vault	Yash Pancchal-M. Sub-17.10	Saurya Lad-M. Sub-16.55	Arush Sonavane-Nashik-16.25

Boys U/12 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Mumbai City-238.90	Mumbai Suburban-238.55	Pune-194.75
AA	Nashad Naravane-Pune-84.35	Jeet Chavan-M. Sub-81.45	Sharven Chanchad-M. City-80.95
FX	Jeet Chavan-M. Sub-15.15	Archit Wanve-Nagpur-14.95	Gaurang Hadalkar-M. City-14.65
PH	Nashad Naravane-Pune-14.40	Jeet Chavan-M. Sub-13.55	Sharven Chanchad-M. City-13.45
RR	Nashad Naravane-Pune-14.60	Sharven Chanchad-M. City-13.45	Samarth Jathar-M. Sub-13.30
Vault	Nashad Naravane-Pune-14.55	Ishan Jingre-M. City-13.80	Sharven Chanchad-M. City-13.65
PB	Nashad Naravane-Pune-14.35	Jeet Chavan-M. Sub-13.65	Jay Tahasildar-M. Sub-13.35
HB	Nashad Naravane-Pune-13.50	Ishan Jingre-M. City-12.75	Jay Tahasildar-M. Sub-11.85

Boys U/14 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Thane-270.85	Mumbai City-256.35	Mumbai Suburban-250.00

AA	Shreeyash Patil-M. City-74.35	Soham Atre-Thane-69.80	Prasad Salap-M. Sub-69.60
FX	Yash Patil-Nashik-13.45	Shreeyash Patil-M. City-13.40	Prasad Salap-M. Sub-12.55
PH	Shreeyash Patil-M. City-12.40	Yash Patil-Nashik-12.20	Adesh Waghchode-Pune-12.00
RR	Shreeyash Patil-M. City-12.55	Soham Atre-Thane-12.05	Vinayak Padmar-Thane-11.80
Vault	Soham Atre-Thane-12.90	Shreeyash Patil-M. City-12.43	Ayush Dalavi-Nashik-11.58
PB	Shreeyash Patil-M. City-13.15	Yash Patil-Nashik-12.75	Prasad Salap-M. Sub-12.50
HB	Ayush Dalavi-Nashik-11.30	Soham Atre-Thane-11.05	Prasad Salap-M. Sub-10.70

Girls U/10 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Mumbai City-179.10	Mumbai Suburban-177.10	Pune-156.95
AA	Devashree Bane-M. Sub-46.10	Kavya Chaudhary-M. City-45.60	Saee Kabdule-M. City-45.60
Vault	Harshika Bewal-HH-12.05	Kavya Chaudhary-M. City-11.95	Devashree Bane-M. Sub-11.95
UB	Avni Ghadi-M. Sub-11.50	Kavya Chaudhary-M. City-10.65	Amarya Naik-M. Sub-10.55
BB	Devashree Bane-M. Sub-12.40	Saee Kabdule-M. City-11.95	Sara Patwardhan-M. Sub-11.90
FX	Kavya Chaudhary-M. City-	Shanaya Parekh-M. City-12.00	Avni Ghadi-M. Sub-11.65

Girls U/12 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Mumbai City-155.40	Mumbai Suburban-147.55	Pune-145.30
AA	Sakshi Dalavi-Thane-46.90	Pahel Shah-M. City-41.40	Dhanishta U-M. City-40.20
Vault	Sakshi Dalavi-Thane-11.53	Jinisha Rathod-Pune-10.50	Rudrani Mithawala-SAI-10.30
UB	Sakshi Dalavi-Thane-11.30	Pahel Shah-M. City-10.45	Tianna Crasto-M. Sub-10.00
BB	Dhanishta U-M. City-12.15	Sakshi Dalavi-Thane-12.15	Anaisha Goenka-Palghar-11.35
FX	Sakshi Dalavi-Thane-11.75	Manushi Karvat-M. City-10.75	Dhanishta U-M. City-10.65

ART: JUNIOR NATIONAL ARTISTIC GYMNASTICS CHAMPIONSHIP, BHUBANESWAR

Odisha Gymnastics Association under the aegis of Gymnastics Federation of India hosted



Pradesh, Maharashtra, Manipur, Odisha, Pondicherry, Punjab, Rajasthan, Tamilnadu,



Junior National Artistic Gymnastics Championship 2023-2024 at Gymnastics Centre, Kalinga Stadium, Bhubaneswar, Odisha – 751012 from 28-30th December 2023 in which 128 Boys and 106 Girls from Andhra Pradesh, Assam, Bihar, Chandigarh, Chhatisgarh, Delhi, Goa, Gujrat, Haryana, Himachal Pradesh, Jharkhand, Karnataka, Kerala, Madhya Pradesh, Maharashtra, Manipur, Odisha, Pondicherry, Punjab, Rajasthan, Tamilnadu, Telangana, Tripura, Uttar Pradesh and West Bengal participated in the Junior National Artistic Gymnastics Championship at Bhubaneswar Odisha. Maharashtra's Gymnast Siddhant Konde, Aaryan Davande, Sarthak Rawool, Anay Kirloskar, Kaustubh Ahire, Aayush Khamkar along with their coaches Mr. Ajit Jarande & Ravindra Shirke in boys while Sara Rawool,

Anoushka Patil, Krisha Shah, Ananya Shetty, Riddhi Jatti and Haasya Mungekar and coaches Mr. Mahendra Babhulkar & Pranali Mandavkar in girls participated in the above championship. Meritorious gymnasts (boys & girls) will be selected as per KIYG qualification rules to participate in the 6th Khelo India Youth Games 2023 scheduled to be held at Chennai

From 19th January 2024. Mr. Shubham Giri, Mr. Akash Dongre, Ms. Sanjivani Purnapatre and



Ms. Pooja Patki also accompanied the Maharashtra Gymnastics Contingent as State Judges. Maharashtra gymnasts performed with super skills with perfect execution to top the medal tally and winning total 15 medals including 4 gold, 7 silver and 4 bronze medals. Mr. Sanjay Shete President MAGA and Prof. Dr. Makarand Joshi

Secretary MAGA congratulated all the winners and as a whole Team Maharashtra.

Junior Boys U/17 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Uttar Pradesh-278.40	Maharashtra-274.25	West Bengal-268.80
AA	Pranav Mishra-UP-71.55	Aaryan Davande-MH-70.15	Alok Kumar-Odisha-68.90
FX	Niladari Sarkar-WB-12.400	Aayush Khamkar-MH-12.133	Biru Chandra Rao-Odisha-12.000
PH	Sohom Majumdar-WB-12.133	Siddhant Konde-MH-12.033	Midhun Nair-Kerala-12.000
RR	Siddhant Konde-MH-11.933	Subhadeep Patra-WB-11.900	Pranav Mishra-UP-11.833
Vault	Aaryan Davande-MH-13.400	Harschit D-UP-13.183	Siddhant Konde-MH-13.050
PB	Sumit Yadav-UP-12.167	Aaryan Davande-MH-12.133	Pranav Mishra-UP-12.100
HB	Nuen-UP-11.700	Aaryan Davande-MH-11.667	Anay Kirloskar-MH-11.033

Junior Girls U/15 Years (Artistic Gymnastics)

Event	Gold	Silver	Bronze
Team	Maharashtra-161.20	Delhi-153.60	West Bengal-153.40
AA	Nishika Agarwal-Telangana-44.25	Soumili Sarkar-WB-42.45	Sara Rawool-MH-41.60
Vault	Nishika Agarwal-Telangana-12.734	Soumili Sarkar-WB-12.184	Haasya Mungekar-MH-11.875
UB	Nishika Agarwal-Telangana-9.767	Sara Rawool-MH-8.800	Sneha Tariyal-Delhi-8.567
BB	Oceana Renee Thomas-TN-10.733	Nishi Bhavsar-Gujrat-10.667	Nishika Agarwal-Telangana-10.500
FX	Anoushka Patil-MH-11.900	Nishika Agarwal-Telangana-11.800	Oceana Renee Thomas-TN-10.900

RG: JR. & SR. NATIONAL RHYTHMIC GYMNASTICS CHAMPIONSHIP, BENGALURU

Gymnast Association of Karnataka under the aegis of Gymnastics Federation of India hosted Junior & Senior National Rhythmic Gymnastics Championship 2023-24 at Gopalan Sports Centre Bengaluru, Karnataka from 26-29th December 2023 in which 60 Senior and 52 Junior Rhythmic Gymnasts from Andhra Pradesh, Assam, Chandigarh, Chhatisgarh, GFI Delhi, GFI Telangana-A, GFI Telangana-B, Goa, Gujrat, Haryana, J & K, Karnataka, Kerala, Madhya Pradesh, Maharashtra, Punjab, Rajasthan, Tamilnadu, Tripura, Uttar Pradesh and West Bengal participated in the captioned National RG



Championship. Maharashtra's RG Gymnasts i. e. Parina Madanpotra, Ira Rawat, Devangi Pawar, Aarya Kadam while Sanyukta Kale, Kimaya Karle, Nishka Kale, Asmi Badade, Sonali Sawant as Coach-cum-Manager, Vaibhavi Bapat and Vinaya Karangutkar as state RG Judges participated in Juniors and Senior National RG Championship at Bengaluru. Maharashtra's RG Gymnasts are selected from the selection trials held at Fortune Fitness C/O Flamingo Gymnastics School Pune on 11th December 2023.

Junior Girls (Rhythmic Gymnastics)

Event	Gold	Silver	Bronze
Team	Jammu & Kashmir-212.50	Maharashtra-206.60	Haryana-169.70
AA	Muskan Rana-J & K-91.50	Parina Madanpotra-MH-88.30	Rachael Deep-GFI Delhi-81.60
Hoop	Muskan Rana-J & K-25.90	Parina Madanpotra-MH-25.75	Manya-J & K-23.05
Ball	Parina Madanpotra-MH-24.35	Muskan Rana-J & K-23.70	Rachael Deep-GFI Delhi-22.55
Clubs	Muskan Rana-J & K-23.40	Parina Madanpotra-MH-20.80	Devangi Pawar-MH-20.50
Ribbon	Manya-J & K-22.00	Parina Madanpotra-MH-21.70	Mihira Prabhu-Haryana-21.65

Senior Girls (Rhythmic Gymnastics)

Event	Gold	Silver	Bronze
Team	Maharashtra-234.50	Haryana-187.30	Jammu & Kashmir-166.20
AA	Sanyukta Kale-MH-97.95	Life Adlakha-Haryana-91.50	Nishka Kale-MH-89.25
Hoop	Sanyukta Kale-MH-25.75	Life Adlakha-Haryana-24.35	Kimaya Karle-MH-23.70
Ball	Sanyukta Kale-MH-25.80	Life Adlakha-Haryana-25.55	Kimaya Karle-MH-24.20
Clubs	Sanyukta Kale-MH-23.47	Nishka Kale-MH-21.37	Life Adlakha-Haryana-20.53
Ribbon	Sanyukta Kale-MH-24.60	Nishka Kale-MH-22.20	Life Adlakha-Haryana-20.87

THE MOST COMPLICATED SKILL IS TO BE SIMPLE

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